SHOPPERS DRUG MART
SEE WHAT'S NEW... CHECK OUT OUR LATEST OFFER ON PAGE 28

# Summer's hair

Hot one day, humid the next — welcome to problem-hair season. But don't fret: Blake Lively's long, sleek layers can still be yours PAGE 32

CALGARY metro®

Thursday, June 28, 2012

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Caity Horosko hopes someone will return her iPhone, which contains a month's worth of text messages from her father, Garry, who died suddenly in February. JEREMY NOLAIS/METRO

# Have you seen her phone?

**Sentimental value.** Device held cherished last text messages of Calgarian's late father

JEREMY NOLAIS
jeremy.nolais@metronews.ca

Just before he closed his eyes for the last time, Garry Horosko sent a text message to his beloved daughter, Caity.

"Goodnight, I love you," it read.

The 58-year-old died of a heart attack in his sleep that night in February, leaving Caity with just photos and some messages to remember him by.

The messages in particular had become an important part of father and daughter's long-distance relationship — Garry lived in High Prairie while Caity was attending school in Calgary.

"He was 58, but once I taught him how to text, he turned into a 14-year-old girl," Caity said with a laugh.

"He would constantly tell me random things and take photos of his dinner and send them to me."

Sadly, the 21-year-old believes she dropped her iPhone 4S while heading into the Bowglen Medical Clinic on Monday. A month's worth of messages from her father were saved on it.

"I am just devastated," she said. "I knew I should have backed them up."

Caity has already contacted her phone provider and scoured the area around the clinic, but to no avail.

Now, she has turned to popular online websites to issue a plea to whoever might have picked up the device to return it to her.

"Everything happened so fast," she said. "Those texts are pretty much the only thing I have left of him.

"They're everything to me."

If you think you have Caity Horosko's iPhone, which has a teal case, she asks that you contact her by email at caityhorosko905@hotmail.com.

Follow Jeremy Nolais on Twitter @Metro_Nolais

## Nothing dopey about DOAP

The Downtown Outreach Addiction Partnership is on track to double the number of homeless people it drives to needed services PAGE 3

## No survivors in mall collapse

Sorrow hits rescue workers and residents of Elliot Lake, Ont., as two bodies are removed from the rubble PAGE 11

## Ready for the outdoors?

Don't be intimidated by the prospect of cooking and sleeping in the woods — the night sky makes it all worthwhile PAGE 41

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## Jargon. Some retailers confused about bath salts drug

Some Calgary health-product retailers admit they are a little confused about the ingredients in their own products as a drug nicknamed "bath salts" continues to make headlines locally and across North America.

The drug, which is actually made from a compound known as MDPV, which is not found in traditional bath salts, first gained attention after a Florida incident, where it was initially believed that one man chewed off a portion of another person's face while high on the substance. That has since been ruled out.

On Saturday, Calgary police speculated they may be dealing with their first incident involving bath salts after encountering a violent male who possessed immense strength and pain tolerance.

Clarissa Hwang, owner of Trinity Health Foods in Woodbine, has been following coverage of bath-salts dealings recently, but was still puzzled about the substance Wednesday.

"I was worried everything would be contaminated," she said. "We have a reputable dealer.... I thought things would be probably OK, but I wondered about people buying bath salts at flea markets and things."

Hwang's not alone, it seems.

"It certainly caught my eye," said Jo-Anne Wilson with Herbal Healing Inc. "Is it a bath salt or something they are calling a bath salt?"

Det. Doug Hudacin clarified that there is no connection with bathroom products found in everyday homes, adding the term "bath salts" is simply street jargon.

"I don't know what would happened if you smoked (traditional) bath salts," he said. "You would probably get really sick." JEREMY NOLAIS/METRO

## Southeast Calgary. Police seek suspect in groping incidents

Calgary police are asking the public for assistance in identifying a man suspected of two recent groping incidents in the Erin Woods area.

"We are very concerned about these incidents and take them very seriously," said Staff Sgt. Ryan Jepson of the sex crimes unit, adding the attacks occurred in public, well-lit places and the women were going about personal business.

The most recent case occurred Tuesday around 3 p.m., where a 49-year-old woman was jogging in a park near Erin Meadows Green Southeast. She was approached from behind by the suspect, who groped her and then ran off, police said.

Earlier in June, a 56-year-old woman was working in her front yard in the 0-100 block of Erin Grove Bay Southeast when the same thing happened.

On Wednesday police were canvassing the neighbourhood looking for more witnesses.

"We believe it's the same individual based on the descriptions provided by the victims and a couple of independent witnesses," said Jepson. TESSA CLAYTON/FOR METRO

Staff Sgt. Ryan Jepson
TESSA CLAYTON/FOR METRO

**Suspect description**

- The suspect is described as Caucasian, roughly 25 years old and five-foot-seven with a slim build. He was wearing grey pants and a dark shirt.
- Police ask anyone with information, or who has been victimized and not reported the crime, to call Crime Stoppers at 1-800-222-TIPS.

# Addiction-outreach group's effort doubles

**Support.** Alpha House Society team provides transportation to downtown support venues for struggling Calgary-area residents

JEREMY NOLAIS
jeremy.nolais@metronews.ca

Give someone a ride, change a life.

That's the thinking behind the five-year-old Alpha House Society Downtown Outreach Addiction Partnership (DOAP) team, which transported 14,000 Calgary-area residents to its downtown headquarters and other support venues last year.

Those who give their time to the program believe that, by being given free rides, people are not only saved from the harsh conditions on Calgary streets but also made aware of services for coping with problems like addiction and mental health.

"Our phone rings off the hook," said co-ordinator Adam Melnyk. "We are really trying to make sure when police officers call that we are able to respond and sort things out in a timely manner,"

If the team maintains its current pace this year, it will likely transport twice as many clients this year.

Tim Richter, who developed Alberta's 10-Year Plan to End Homelessness, said DOAP's expansion is intentional, as the push intensifies to get homeless Calgarians into the support network.

"They are our main homeless-outreach team, so there is a lot of weight on their shoulders," Richter said. WITH FILES FROM CELESTE DE MUELENAERE

Follow Jeremy Nolais on Twitter @Metro_Nolais

**24-hour service**

- The Alpha House Society Downtown Outreach Addiction Partnership is looking at expanding to 24-hour service, five days a week. Previously, such hours were only worked during the dangerous winter months.
- For more information, head to alphahousecalgary.com.

DOAP member Jeff Salmon, left, fields another call to the support team, while peers Echo Harkiss and Adam Melnyk pose with one of the group's vans. JEREMY NOLAIS/METRO

## 1 NEWS

**On the web**

### *Robot rocks paper-scissors game*

**Researchers at the University of Tokyo are billing it as a showpiece for what they describe as human-machine co-operation systems: A robot arm that will mercilessly thrash you in a game of "janken," or rock-paper-scissors. Go to metronews.ca to read the full story.**

**Mobile news**

**A softer side to all the rucking and mauling: Members of Canada's national women's rugby team have bared all in a calendar aimed at promoting positive body images and raising a little cash ahead of Summer Olympics in 2016. Scan the code to read the full story.**

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# City considers recycling racetrack as compost area

**Fast-track.** Officials say a compost location needs to be selected soon to maintain timeline

KATIE TURNER
katie.turner@metronews.ca

Dumptrucks could be replacing fast cars at the former Race City Motorsport Park, with city officials eyeing the old track for a future composting site.

On Wednesday, a city committee rubber-stamped the track, which ended its lease with the city last year, as an ideal spot for the facility that will eventually process organic waste from Calgary green carts.

Jim Miller, program manager for the organics facility, said council needs to select a site as soon as possible so they can begin the approval process with Alberta Environment, which could take between six to nine months.

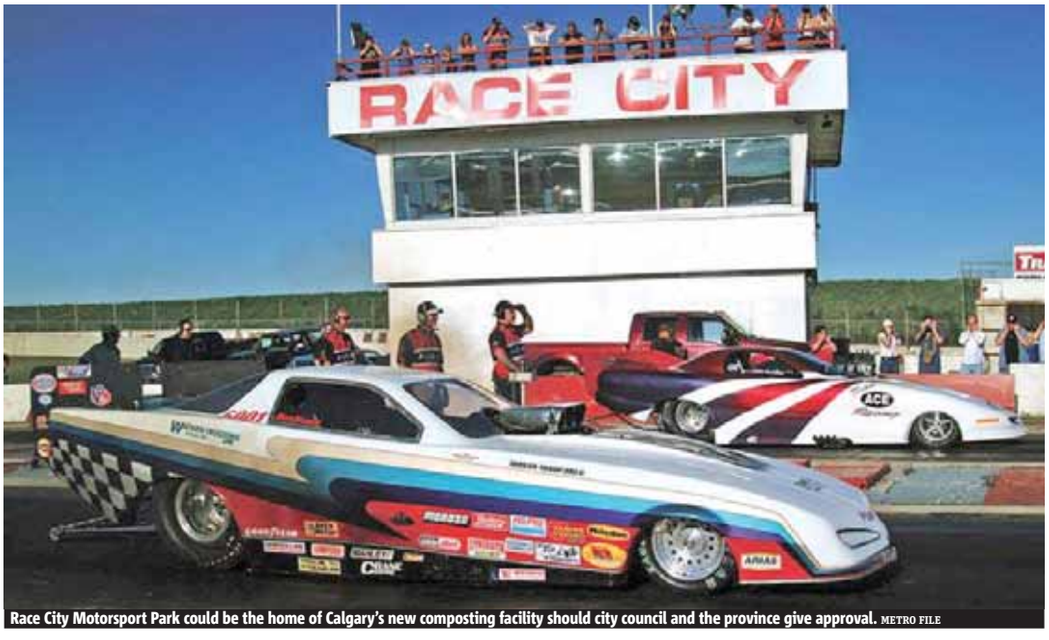
"We want to initiate that process as soon as possible," he said.

Of 38 potential sites, Miller said Race City was recommended for several reasons, including the fact that the city owns the land already, which will speed up the process.

Four communities are currently piloting the green carts but should council approve a citywide program, single-family homes across Calgary could have green carts by 2016.

Chair of the Utilities and Corporate Services committee Ald. Ray Jones said it's important the city maintain the timeline in order to reach the goal of diverting 80 per cent of city waste from the landfill in the next eight years.

"If we hold it up too long, it makes it tougher to meet our goal by 2020."




Race City Motorsport Park could be the home of Calgary's new composting facility should city council and the province give approval. METRO FILE

# Spark surpasses attendance at previous venue

Jordan Steele, who visited Spark on Wednesday for the first time, would like to see more interactive exhibits in the new centre. JEREMY NOLAIS/METRO

New exhibits inside a new venue seem to have sparked the interest of Calgary's aspiring scientists and everyday geeks.

In the eight months since Telus Spark opened as a replacement to the city's downtown science centre, more than 266,000 visitors have passed through its doors.

That's more than the 12-month attendance during any year at the previous venue.

"It's been great," said CEO Jennifer Martin. "We had an anecdotal report the other day of a stay-at-home dad who's been here 50 times, by his count."

And while she's impressed with the start, Martin has no thoughts of slowing down. Spark has joined with the Calgary Zoo and other popular city venues for a marketing campaign specifically targeting tourists during the upcoming 100th anniversary of the Calgary Stampede.

The centre has also already seen success with its new HD Digital Dome — more than 8,000 people have stopped by for a show in the three weeks since it opened — and its adults-only nights, held the second Thursday of every month.

Martin said she's looking forward to the launch of Spark's first travelling exhibit next spring. While the group behind that project is coming all the way from Oceania, their identity is being kept under wraps for now. JEREMY NOLAIS/METRO

**Sparking interest**

- Of the more than quarter-million visitors to Spark to date, more than 60,000 were students on school trips.
- CEO Jennifer Martin said that's a higher school-attendance count than those of other popular venues, like the Calgary Zoo and Heritage Park.
- More info: sparkscience.ca

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# Barron Building on endangered list

## Heritage Canada. Foundation hopes top 10 listing will bring legal protection to historic site

TESSA CLAYTON
calgary@metronews.ca

It's considered one of the finest examples of modern architecture in Western Canada and played a large role in solidifying Calgary as the centre of the oil industry in Alberta.

Now, the shuttered and neglected Barron Building and its accompanying Uptown Theatre are on the Top 10 Endangered Buildings list by the Heritage Canada Foundation.

"It has significance in terms of its architecture, in terms of its relationship with the economic history of the city of Calgary and indeed with Mr. Barron himself, who played an important role in the cultural history of the city," said Carolyn Quinn, director of communications for the foundation, on the building's addition to the list.

They've been aware of the building for many years, and hope by placing it on the list that more attention will be paid to the building and its current legal and structural plights in an effort to preserve it.

The semi-derelict building is listed in the city's Inventory of Historic Resources, but doesn't have official heritage designation to legally protect it.

"It's a bylaw passed by council that means the building cannot be demolished … it identifies what elements of the building must be retained and preserved," said Darryl Cariou, senior heritage planner with the city. There are also guidelines about how those elements must be treated, and approval is required for any alterations.

Getting that requires the building owner's consent, he said, but at this point the city hasn't been able to move forward with the owner.

**Saving the Barron**

**The owners of the Barron Building have been in a legal dispute with the tenants of the Uptown Theatre since 2011.**

- A renovation permit for the Uptown's marquee was approved, as the current marquee is not historic, according to Cariou. The original canopy structure will be maintained.
- Guidelines for a building to make the Top 10 Endangered Buildings list include: extent of threat to the building, community interest and support in its preservation.
- While the foundation doesn't know how many buildings it has saved, Quinn said it has been a powerful preservation tool.

**The historic Barron Building and Uptown Theatre, located in Calgary's downtown, have made this year's annual Top 10 Endangered Buildings list, put out by the Heritage Canada Foundation.** TESSA CLAYTON/METRO

## Homelessness. Family shelters stretched to capacity across city

Homeless shelters across the city agree that the summer months seem to be the busiest.

But this summer is set to surpass last year's record as emergency family shelters are already filled to capacity, said Inn From The Cold representative Bonnie Elgie, noting they've already seen a 43 per cent increase from the same period last year.

Homeless Foundation president Tim Richter attributes the summer spike to an increase in migration as families wait until school's out before relocating.

However, Elgie said the high-capacity demands can be attributed to family newcomers to Calgary from across the country, as well as families already living in poverty in the city.

"We are anticipating that this summer is going to be extremely busy. We're really worried, to be completely honest," said Elgie.

**In numbers**

**43%**

**The increase in demand for family shelters this month, compared to the same period last year**

CELESTE DE MUELENAERE/METRO

**Fundraiser**

## Bikinis and boots raise money for Special Olympics

Where can you find 100 girls wearing bikinis and cowboy boots and eating a gourmet breakfast, all in the name of a great cause? #Bikiniespy, that's where.

Inglewood boutique Espy Experience is hosting the fundraiser in support of Special Olympics Calgary.

"It's really special to us. We actually have two athletes that have Down syndrome that work at Espy," said marketing co-ordinator Tianna Stevenson.

The event is an offshoot of #nakedespy, a fundraiser that saw 100 skivvie-clad men outside the boutique raise money to fight prostate cancer.

**Espy is hosting a fundraiser for the Special Olympics Calgary.** CONTRIBUTED

The first 100 women to line up outside of Espy Experience on July 7 will be outfitted in $500 worth of free designer duds (a minimum donation of $100 to SOC is suggested).

For more information, visit espyexperience.com.

SHANNON IRVINE/METRO

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## Research. Gecko toepads aid adhesive technology

A University of Calgary researcher, along with co-authors from the U.S. believe that the key to new designs and developments in adhesive technologies can be found in the study of geckos.

The published study indicates that geckos — the tiny, sticky-toed lizards — have gained and lost their adhesive structures numerous times during evolutionary periods.

"Gaining a better understanding of the complex evolutionary history of gecko toepads allows bio-inspired engineers to learn from these natural designs and develop new applications," says co-author Anthony Russell of the faculty of science at the University of Calgary.

The researchers believe this new insight will inspire and aid in robotic technologies. METRO

**Further study**

- **Developments.** Clinging gecko toes have aided developments of biomimetic technologies such as dry adhesive bandages and climbing robots.
- **Habitat.** The gain and loss of adhesive toepads in geckos found worldwide is believed to be attributed to habitat changes.

**Car prowling**

### Charges laid in car break-ins: Police

Calgarians who had their vehicles broken into recently may be able to reclaim their property.

Police have recovered several items believed to be stolen in alleged vehicle break-ins from Tuxedo Park, Highland Park and Mount Pleasant.

On June 22, police responded to a call of car-prowling at the 2900 block of 1 Street Northwest, where they found two suspects.

Charges of theft under $5,000 have been laid against Sasha Brubaker, 22, and Garrett Dean Nicoletti, 18. METRO

# Long-awaited Devonian Gardens finally restored

Cutting the red ribbon in honour of Devonian Gardens's reopening, Mayor Nenshi said that on the rare occasion that he gets a lunch break he will enjoy his meal in the newly renovated indoor park. CELESTE DE MUELENAERE/FOR METRO

**Grand reopening.** After a four-year closure for renovations, the indoor park is open to public again

CELESTE DE MUELENAERE
calgary@metronews.ca

After a four-year closure and renovation-budget woes, the city's much-anticipated grand reopening of the 107,000-square-foot Devonian Gardens took place on Wednesday.

Situated on the fourth floor of the CORE shopping centre, the only indoor public park in Calgary was originally completed in 1977, but due to insufficient maintenance, neglected and outdated areas, and inefficient heating, the park was closed in 2008.

Speaking at the reopening, Mayor Nenshi acknowledged that the renovation project went grossly over budget (there was a $14-million increase in renovation costs from the original $23 million to $37 million). But, he said, the city also made great efforts in utilizing external sources of revenue that included a contribution from the building owners.

**Expense**

**"While it certainly went over budget, I still think that this is something many generations of Calgarians will get to enjoy."** Mayor Naheed Nenshi

"While it certainly went over budget, I still think that this is something many generations of Calgarians will get to enjoy," said Mayor Nenshi.

Despite debates in council about axing the project, Ald. Druh Farrell expressed her excitement that it was not canned. She said she is overjoyed that Calgarians will once again get to enjoy precious memories in the restored Devonian Gardens.

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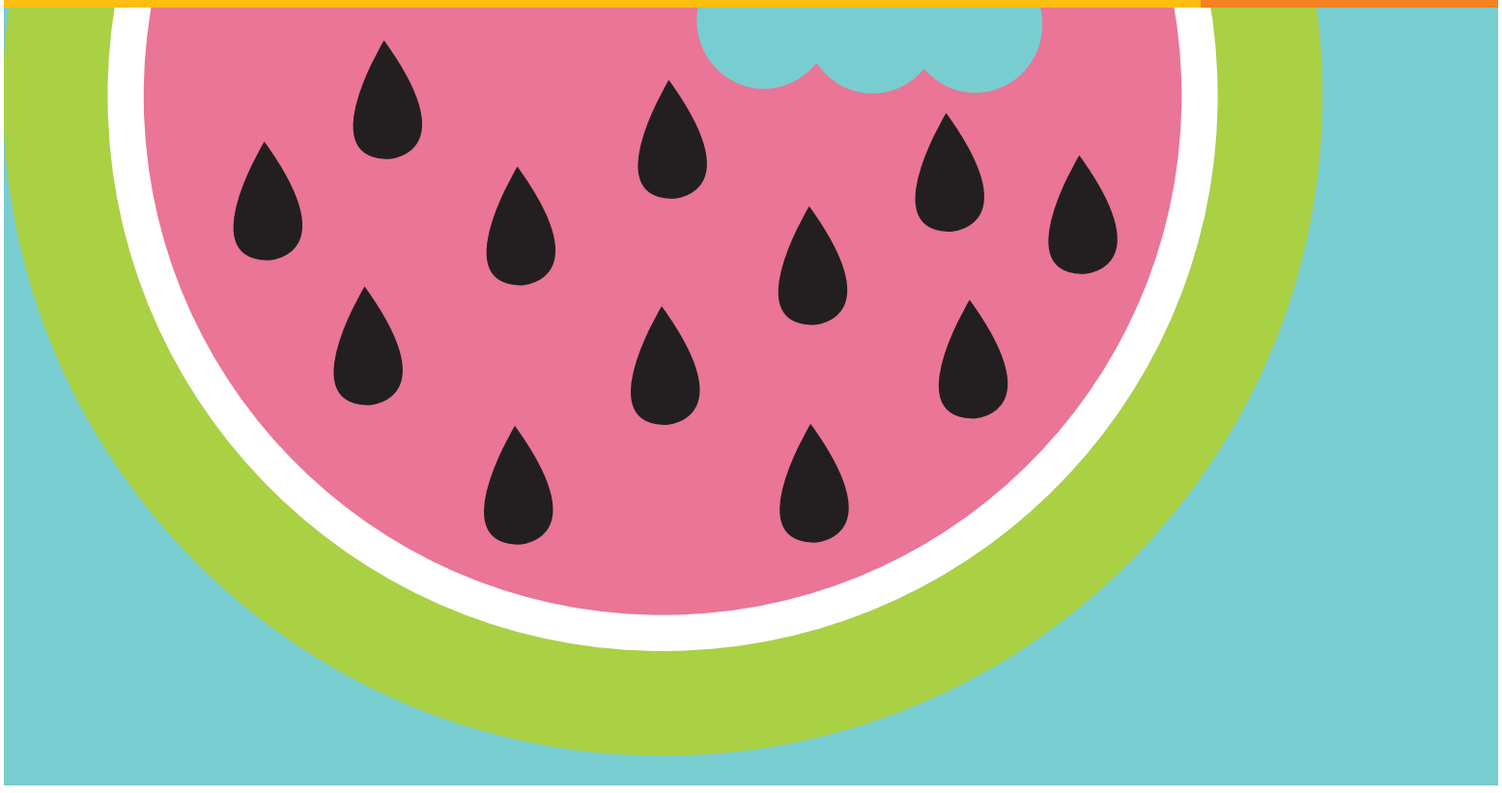

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# Smoking linked to rare sleep disorder

**New research.** Study of almost 350 people with REM sleep behaviour disorder finds several potential risk factors

Smoking and pesticide exposure appear to be the strong risk factors for a rare disorder that causes people to physically act out their dreams while asleep, even to the extent of punching and kicking their bedmates, research suggests.

Individuals with REM sleep behaviour disorder (RBD) do not exhibit the reduced muscle tone — called atonia — that usually occurs during sleep, leaving them able to move freely.

"Essentially, all of us normally are paralyzed when we go into our REM sleep," said Dr. Ron Postuma, a neurologist at McGill University who led the study, conducted at 13 sites in 10 countries. "So we're having very vivid dreams, but we don't move. Our eyes will move and we'll breathe, but that's it."

In people with RBD, the body system that keeps sleepers paralyzed stops working, so whatever a person dreams, they are capable of doing.

In their study, researchers found that those with the disorder were 43 per cent more likely to be smokers. Two-thirds were more likely to have worked as farmers, and were more than twice as likely to have been exposed to pesticides.

THE CANADIAN PRESS

**Tragic example of RBD**

In 2009, a British man strangled his wife to death while the couple were camping. Falling asleep with the sound of people in the campground "yelling and screaming," Brian Thomas dreamed he and his wife Christine were being attacked, and in his sleep state he tried to defend her by choking an imagined attacker.

## Watermelon 2.0

JA (Japan Agricultural Cooperation) Kagawa employees arrange cubic watermelons to be shipped in Zentsuji city in Japan on Wednesday. The 19-by-19-by-19-centimetre fruits, grown in transparent square containers, will be sold for 10,000 yen ($125) each. KYODO NEWS/THE ASSOCIATED PRESS

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## Afghan torture. Military police cleared, Tories' stalling tactics assailed

Canadian military police have been cleared of wrongdoing by a commission that probed allegations of prisoner torture in Afghan jails.

The commission concluded the cops were kept in the dark.

The issue rocked Canadian politics starting in 2007 and threatened to topple Prime Minister Stephen Harper's minority government in late 2009 — a fate the Conservatives avoided by shutting down Parliament.

The Military Police Complaints Commission concluded the officers had no grounds to open an investigation into the treatment of suspected Taliban prisoners after they were handed over to local authorities in Kandahar.

The agency said the police were kept out of the loop by the Ottawa-based overseas command that ran the war.

It did not share critical information and warnings that might have prompted an investigation, the agency said.

**Opposition outrage**

**Opposition critics were quick to condemn the government for its handling of the issue.**

- **NDP.** Foreign affairs critic Paul Dewar said the government stonewalled efforts to get to the bottom of the matter.
- **Liberals.** Defence critic John McKay said the government tried to protect itself. "Prime Minister Harper yet again chose to look after Prime Minister Harper."

The commission ripped into Stephen Harper's Conservative government for blocking access to witnesses and documents and presenting "an overall attitude of antipathy ... toward the commission and its task."

THE CANADIAN PRESS

## Drama on parade. Soldier falls and stabs himself

A 20-year-old member of the Governor General's Foot Guards fell during a ceremonial parade on Parliament Hill Wednesday, stabbing himself in the forearm with his gun-mounted bayonet.

Capt. John-Hugh MacDonald, a spokesperson for the ceremonial guard, said it happened as the soldiers were leaving Parliament Hill after the Changing of the Guards ceremony.

"He went onto a steel manhole cover while he was turning and that caused him to lose his footing," MacDonald said. "He slipped and fell and was pierced by his bayonet in the left arm."

Paramedics described his injury as a "severe stab wound." METRO IN OTTAWA

Rescue workers show their respect by removing their hard hats as a body is carried out of the Elliot Lake, Ont., wreckage. NATHAN DENETTE/THE CANADIAN PRESS

# When all hope died ...

**Tragedy.** Rescue crews bow their heads in sorrow as two bodies are removed from collapsed mall in Elliot Lake, Ont.

Search-and-rescue workers removed their hats and bowed their heads in sorrow Wednesday as two bodies were removed from the wreckage of a partially collapsed shopping mall in Elliot Lake, Ont.

Crews, who had spent the past two days sifting through the rubble of the Algo Centre Mall, used sophisticated equipment to try to clear a path to anyone who may have survived when a roof came crashing down through the two-storey building.

In the end, however, the rescue mission became a recovery operation.

Officials said crew members had only to search one 12-metre-long pile of rubble before wrapping up the operation Wednesday.

The bodies were removed after a specialized robotic arm worked through the night to clear a path through the debris that accumulated when a section of the roof crashed through the two-storey building on Saturday.

**Premier grieves, too**

**"We live in a big province, but it feels a lot smaller at a time like this as Ontarians come together to support the people of Elliot Lake. Together, we will lift them up as they recover from this tragedy."**

Ontario Premier Dalton McGuinty.

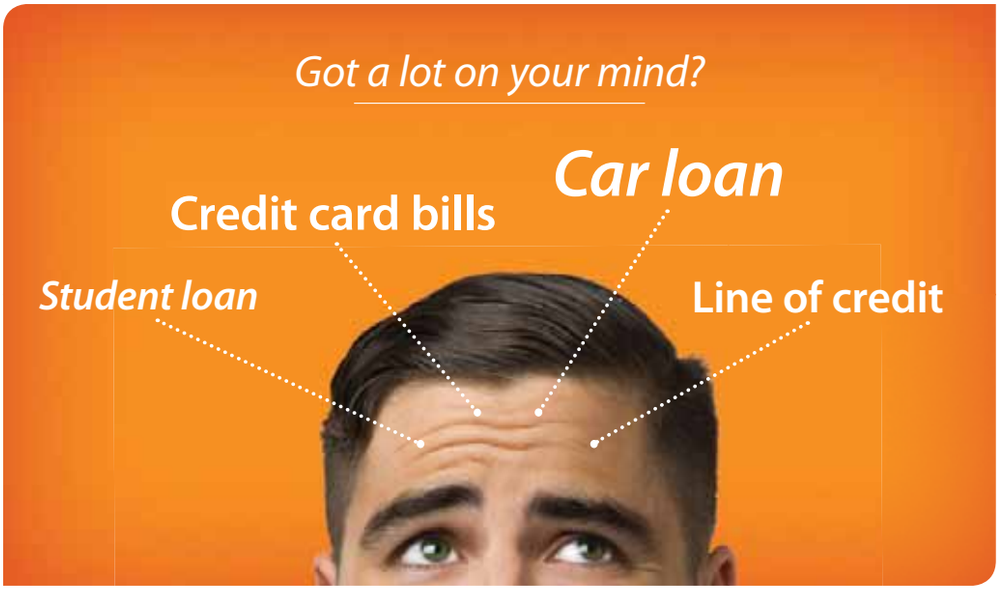
The operation required crews to orchestrate the collapse of a precariously balanced escalator and remove slabs of concrete.

The removal of the bodies marked a tragic culmination of a risky rescue operation that many said came too late.

Elliot Lake Mayor Rick Hamilton called it "a deep, deep tragedy" — one that affects not just the victims and their families but the entire community.

"It's with heavy hearts and the deepest condolences on behalf of every citizen in Elliot Lake that we offer our condolences to the families," he said.

THE CANADIAN PRESS

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# Queen, IRA icon's grip-and-grin symbolizes truce

**Irish republicanism.** Queen kept smiling as she shared a stage with a man linked to the killing of her cousin Lord Louis Mountbatten

Queen Elizabeth II and a former Irish Republican Army commander offered each other the hand of peace Wednesday in a long-awaited encounter symbolizing Northern Ireland's progress in achieving reconciliation after decades of violence.

The monarch and Martin McGuinness met privately inside Belfast's riverside Lyric Theatre during a cross-community arts event featuring Northern Ireland musicians, poets and artists.

Media were barred from seeing their first handshake during an ice-breaker over coffee and tea. But the two shook hands again a half-hour later for the cameras' benefit, documenting a moment that would have been inconceivable back in the days when IRA leaders were plotting to kill the British Royal Family. McGuinness' Irish nationalist Sinn Fein party had never attended a royal function before.

Underlying the sensitivity of the occasion, no live footage or sound was permitted to be broadcast. Outside, flak-jacketed police shut down all roads surrounding the theatre and told residents to stay inside their homes.

Both smiled broadly as McGuinness took the Queen's white-gloved hand and spoke to her for about five seconds. Afterward McGuinness said he had told her in Gaelic — a language neither of them speaks — "Slán agus beannacht" and told her this meant "goodbye and godspeed." The latter word actually means "blessing."

The 86-year-old head of state, resplendent in a suit and broad-brimmed hat of matching apple green, didn't speak but kept smiling as she shared a stage with a man linked to the killing of her cousin Lord Louis Mountbatten. Experts on Irish republicanism say McGuinness, 62, was the IRA's chief of staff when the outlawed group blew up Mountbatten's yacht in 1979, killing the 79-year-old and three others. THE ASSOCIATED PRESS

**Let it reign?**

**"If I may give voice to the oft-declared desire of the people of Northern Ireland, on whose loyalty and support you can always depend: Long may you reign over us."**

**Peter Robinson, the Protestant head of Northern Ireland's power-sharing government.** Martin McGuinness did not attend this part of the royal ceremonies.

Queen Elizabeth II shakes hands with Northern Ireland Deputy First Minister Martin McGuinness, a former IRA commander, as First Minister Peter Robinson watches in Belfast on Wednesday. PAUL FAITH/THE ASSOCIATED PRESS

**Compromise**

## *It's been a long time coming*

The event marked the latest moment in Northern Ireland peacemaking that has delivered a series of once-unthinkable moments of compromise.

Irish republicans long had rebuffed invitations to attend British royal events that occur regularly in Northern Ireland. But analysts said McGuinness' U-turn became inevitable once the Queen made her first state visit to the Republic of Ireland in May 2011, where she honoured Irish rebels who died fighting for independence. THE ASSOCIATED PRESS


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# Marijuana. Examiner rules out bath salts in Miami cannibal case

A Florida medical examiner says only marijuana was found in the system of a Florida man shot while chewing another man's face.

The Miami-Dade County Medical Examiner released the toxicology results Tuesday on 31-year-old Rudy Eugene. Lab results found marijuana in his system, but not any other street drugs, alcohol or prescription drugs. The department has ruled out the most common components found in the street drugs known as bath salts. An outside forensic toxicology lab also confirmed the results. THE ASSOCIATED PRESS

**The attack**

**Surveillance video captured 65-year-old Ronald Poppo being attacked by Rudy Eugene on May 26.**

- A police officer shot and killed Eugene, who bit into Poppo's face in broad daylight alongside a busy highway.
- Police have not released a motive for the attack on Poppo, who had been homeless for decades.

**Intellectuals**

## Russians call for release of jailed punk feminists

Dozens of Russian intellectuals have signed an open letter calling on the Kremlin to release feminist punk rockers who face up to seven years in jail for staging a prank prayer against President Vladimir Putin. Three members of the Pussy Riot band were arrested after their February prank prayer at Moscow's Christ the Savior cathedral, in which they asked Mother Mary to deliver Russia from Putin's return to the Kremlin for a third term. The letter, signed by at least 112 writers, film stars and rock musicians says that the upcoming trial would divide Russian society. THE ASSOCIATED PRESS

# Canadian, Chinese militaries proving good sports on the pitch

Chinese sailors belt out their national anthem prior to a friendly soccer game between members of the Canadian navy and their Chinese counterparts at Saint Mary's University on Wednesday morning. RYAN TAPLIN/METRO IN HALIFAX

**Soccer.** Chinese navy vessel docked in Halifax during globe-spanning goodwill tour

For Canadian and Chinese military personnel, bridging the language barrier can be difficult.

Few from either country spoke the other's language at Huskies Stadium in Halifax on Wednesday morning, aside from some interpreters and an embassy representative.

But no matter one's native tongue, Capt. Richard Gravel, commanding officer at Fleet Maintenance Facility Cape Scott, said everyone understands the camaraderie of a good, friendly game of soccer.

"It's a great way to make friends. Even if you don't talk to each other, sport is the great equalizer," Gravel said, while watching from action from the stadium sidelines on the Saint Mary's University campus.

"You shake the guy's hand and pick him up if you knock him down. Sport is a great way to get together and have some friendly competition."

Members of the Canadian navy and a few representatives from the army and air force played crew-members of the Zheng He, a Chinese ship docked in Halifax this week, as part of the Chinese navy's first visit to the city.

The Zheng He has been on a worldwide trip for the last two months to spread goodwill among China's allies. It visited Europe and parts of Asia before heading here. It will leave on Thursday, bound for Jamaica and Ecuador.

Senior officers from Canada and China had been meeting since the vessel arrived Monday, but for the majority of the crew-members the match was their first chance to meet face to face.

"It's a symbol of friendship and co-operation between the Chinese navy and Canadian Forces," said Bin Zheng, a representative from the Chinese Embassy in Ottawa.

"It's important for us to know each other and understand each other and pave the road for future co-operation."

SPENCER BUELL/METRO IN HALIFAX

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# Banned pedophile group may appeal for right to exist

**Netherlands.** Group is calling the move to ban it an attack on freedom of expression

A Dutch court outlawed a pedophile association Wednesday, saying its promotion of sexual contact between adults and children breaches the country's generally accepted moral values.

The civil court in Assen ordered the association, Martijn, to immediately be dissolved.

The court said in a statement that Martijn is a threat to public order because it "glorifies sexual contact (between adults and children) and presents it as something that should be normal and acceptable."

Its chairman, Marthijn Uittenbogaard, called the decision "an attack on the freedom of expression."

"We are not happy and we are considering whether to appeal," he said in a telephone interview.

The organization says on its website it was established in 1982 in the traditionally tolerant Netherlands as a "platform for discussion of pedophilia." It was largely ignored for years, but has been under attack more recently from lawmakers and prosecutors who wanted it banned. Such groups are almost unknown elsewhere in Europe, despite many countries' history of safeguarding freedom of expression.

**Royal criticism**

- Martijn also made headlines in 2007 when a member posted on the group's website photos of the then three-year-old Princess Amalia, daughter of the heir to the Dutch throne.
- The royal house went to court and won an injunction barring Martijn from publishing such photos on its site, and Crown Prince Willem-Alexander harshly criticized the group for using the pictures.

Martijn's former chairman, Ad van den Berg, was convicted last year of child-porn possession and sentenced to three years in prison. Van den Berg claimed the images and films were for scientific research.

The group said in a statement last month that the court should not honour the public prosecutor's request for a ban, saying it had never committed a crime. "It is naive to think that banning Martijn will make pedophiles disappear," the group, which claimed to have 60 Dutch members, said.

Prosecutors who sought the ban said they were satisfied with the court's decision, adding that it helps the Netherlands meet its international commitments to protect children from sexual predators.

Members of Martijn also were involved in a 2006 move to create a political group called the Party for Brotherly Love, Freedom and Diversity to take part in national elections with a platform that included lowering the age of sexual consent to 12 and legalizing child pornography.

THE ASSOCIATED PRESS

## Love thy neighbour

**Neighbours and supporters of an Ecuadorian family about to be evicted throw water over the police as they break down the door of the family's home in Oviedo, Spain, Wednesday. The family could not keep up mortgage payments. Seventeen people locked themselves in the apartment and around 200 people gathered outside to try to stop the eviction.** JAVIER BAULUZ/PERIODISMO HUMANO/THE ASSOCIATED PRESS

## Free speech. Comedians defend tweeter

Comedian Stephen Fry is among those supporting a British man appealing his conviction for tweeting that he would blow up an airport if his flight was cancelled.

Paul Chambers became an Internet free-speech cause célèbre when he was fined in 2010 for using Twitter to make his comment about Robin Hood Airport in northern England.

Chambers' high-profile supporters include Fry and British comedian Al Murray. Both accompanied Chambers to court Wednesday for an appeals hearing.

Chambers insists he was joking, but a court convicted him of sending menacing or offensive messages.

His lawyer argued that by that measure, William Shakespeare could have been convicted for quipping, "Let's kill all the lawyers."

One judge responded Wednesday: "That was a good joke in 1600 and it is still a good joke now."

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# VIA Rail to cut services nationwide

**'Customer needs'.** Government-owned passenger-rail service announces its plan to cut 200 unionized jobs

VIA Rail expects to cut 200 unionized jobs, or about nine per cent of its workforce, as the government-owned passenger-rail service reduces trips on lines across the country.

No routes are being eliminated, and some in the busy Montreal-Toronto corridor will be increased. But by the end of October, routes in most other areas will see less-frequent service.

"We are aligning our services with customer needs and consolidating our resources where there is a demand," VIA president and CEO Marc Laliberte said Wednesday.

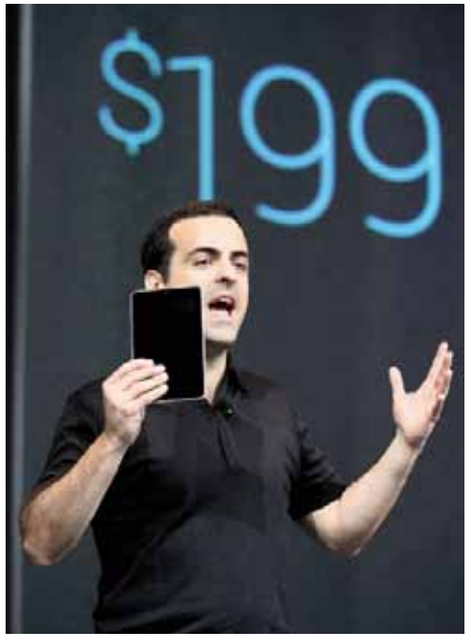
Trip frequencies are being cut on some of big routes, including the Montreal to Halifax line — "The Ocean" — which will be cut to three from six round trips a week.

In the West, "The Canadian" — VIA's only Toronto-to-Vancouver route — will be reduced to two from three round trips a week in the off-season (October to April). Service during peak season will remain at three trips weekly.

There will also be reductions in southwestern Ontario, where GO Transit and other services are available to commuters. London, Aldershot, Kitchener, Niagara Falls and other cities will see reduced VIA service.

The cuts come after the federal government's March budget which cut $41 million in subsidies to VIA over three years, but the company insists the trip reductions and job losses are driven by weak off-season demand.

THE CANADIAN PRESS




## Google challenges Amazon

**Product-management director Hugo Barra, at the Google I/O conference in San Francisco on Wednesday, unveils Google's challenge to Amazon's Kindle Fire — the new Google Nexus7, which will sell for $199 US. Google also made prototypes of its futuristic, Internet-connected glasses available for people to test out. Project Glass will only be sold for $1,500 to people attending its annual conference for computer programmers.**

PAUL SAKUMA/THE ASSOCIATED PRESS

# Public service. Tories issue more layoff notifications

A fourth wave of job-loss notifications washed over the federal public service Wednesday as the Conservatives appeared to be trying to shore up support for the cuts.

Union leaders reported that just over 5,000 employees in more than 13 departments were told they could lose their jobs as the government seeks to slash spending.

The job-loss notices were juxtaposed with a series of Conservative government press releases highlighting both spending and saving initiatives.

Unions have long accused the government of being too secretive about the cuts, and their concerns were bolstered last week by another battle in the continuing war between the parliamentary budget officer and the Tories.

Kevin Page published a legal opinion stating that 64 federal departments and agencies are breaking the law by withholding basic information on the 2012 budget from him, prompting the government to accuse him of overstepping his mandate.

THE CANADIAN PRESS

**Public disservice**

**"We need Stephen Harper and his ministers to stop hiding behind spin and start talking to all Canadians about the services we are losing."**

Robyn Benson, president of the Public Service Alliance of Canada

**Market Minute**

**DOLLAR** 97.51¢ (-0.15¢)

**TSX** 11,410.94 (+76.52)

**OIL** $80.21 US (+85¢)

**GOLD** $1,578.40 US (-$13.50)

**Natural gas:** $2.774 US (+7¢)
**Dow Jones:** 12,627.01 (+92.34)

# Apple co-founder slams Megaupload's piracy case

**Apple cofounder Steve Wozniak, right, and Kim Dotcom, founder of file-sharing site Megaupload, spoke out against the U.S. piracy case in separate interviews on Wednesday.** KIM DOTCOM/THE ASSOCIATED PRESS

Apple cofounder Steve Wozniak says the U.S. piracy case against Kim Dotcom is "hokey" and a threat to Internet innovation.

Dotcom, the flamboyant founder of file-sharing site Megaupload, is accused by federal authorities of facilitating Internet piracy on a massive scale. Charged with racketeering and money laundering, he's fighting U.S. attempts to extradite him from New Zealand.

Wozniak said he was visiting New Zealand last month to give a speech when he learned Dotcom couldn't come to see him because he was under house arrest. So Wozniak said he visited Dotcom and the two have kept in touch by email since.

"It's just kind of ridiculous what they did to his life," Wozniak said in a telephone interview. "An awful lot of Kiwis support him. The U.S. government is on thin ground."

Wozniak said plenty of people used Megaupload for legitimate purposes before federal authorities shut it down in January and filed criminal charges against seven of its officers, including Dotcom.

U.S. authorities allege in their indictment that Dotcom and Megaupload deliberately thwarted attempts to remove pirated material from the site by removing individual links but not the pirated content. Prosecutors claim the "mega conspiracy" netted Dotcom and others $175 million in illicit advertising revenue and download fees.

THE ASSOCIATED PRESS

**In-car technology**

## Ford not battling Apple: Exec

Ford executive chairman Bill Ford says the apparent battle between the car company and tech behemoth Apple is "overblown."

At a recent event for software developers, in which Apple announced a host of upcoming features for its mobile operating system, it was revealed that nine auto companies plan to unveil in-car technology based on the popular Siri voice-recognition system.

THE CANADIAN PRESS

# Lawsuit. Judge orders Samsung to halt sales of Galaxy tablet

A judge late Tuesday ordered Samsung Electronics Co. to halt sales of its Galaxy 10.1 tablet computer while the court considers Apple's claim the South Korean tech giant illegally copied the design of the popular iPad.

U.S. District Judge Lucy Koh said Apple Inc.'s lawsuit appeared likely to prevail.

"Apple has established a strong case on the merits," Koh said.

Koh had earlier said the two products are "virtually indistinguishable," but she declined in December to take the dramatic step of prohibiting sales of the Galaxy 10.1.

She changed her mind after the U.S. Court of Appeals for the Federal Circuit told Koh to take another look at Apple's request for an injunction, ruling June 19 that it appeared the Cupertino-based company had a strong case.

The Washington, D.C., court handles most patent appeals.

Samsung said it was disappointed with the court's decision.

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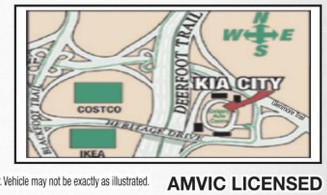


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# MYTH BUSTERS: NEWSROOM EDITION

HE SAYS...
John Mazerolle
metronews.ca/hesays

It's unanimous: Journalists love Aaron Sorkin's The Newsroom.

That's not to say they enjoy the new TV show. The critical consensus according to Metacritic is "generally causing critics to throw up in their mouths a little."

But journalists love the chance it gives us to gaze at our navels. In this case, we media types love to tut-tut when something happens on a fictional news show that wouldn't happen in real life.

Sure, we can watch an Indiana Jones movie and never think, "An archeologist probably wouldn't use a 5,000-year-old religious artifact as a snowboard, even if he was being chased by a Panzer tank."

But if we're watching a television show about news, suddenly we demand TV be a perfect reflection of reality. "He's having a beer at lunch!" We crow, "He'll be sleepy all afternoon! And he's figuring out the tip without his phone! So he can do math?! While you're at it, why don't you give him X-ray vision?"

We're a bit defensive because we're misunderstood. About 10 per cent of the population thinks we're noble crusaders against tyranny and injustice, an expectation that only a scant few live up to. And about 90 per cent of the population thinks we're pond scum.

With that in mind, here are some myths and realities about journalists I keep stored in my navel. Let's clear a few things up.

**MYTH:** Given The Newsroom is a Sorkin production, you can bet the characters will constantly be walking and talking. They'll barge into offices, they'll talk as they barrel down hallways. It's an important world, and they are on the move.

**REALITY:** Most journalists spend so much time in their chairs that their posture is roughly equivalent to Gollum from The Lord of the Rings. (Exception: People on their way to a smoke break.)

**MYTH:** We're all lefty pinkos.

**REALITY:** We're mostly lefty pinkos.

**MYTH:** Retweets are not endorsements.

**REALITY:** Yeah, sure.

**MYTH:** We are evil and smart. Just read the comments underneath online stories. (WARNING: By comment No. 10, this will officially drop your IQ to "avocado.") Comments teach us that reporters are liberal/conservative minions of the NDP/Conservatives who slant every story to bolster high taxes/the oilsands.

**REALITY:** We are well-meaning and not that bright. Most journalists want to make the world a better place, but don't have the first clue how to do that. So instead we write pieces that, for instance, illustrate that people at the gas station don't like high gas prices. (Also, most journalists have stopped reading the comments, so feel free to stop writing them.)

**MYTH:** We are well paid.

**REALITY:** Three words: Ha ha ha.

To sum up, we reporters are unhealthy, disillusioned, sarcastic and do not value your opinion. I hope that clears up any negative preconceptions you may have had.

And if you disagree with anything I said here, please, send me a comment.

Jeff Daniels in The Newsroom. CONTRIBUTED

# Making footprints beak-ause

CAMERON SPENCER/GETTY IMAGES PHOTOS

**Elephant conservation**

## Penguin stomps his feet for a cause

A Fiordland penguin named Mr. Munro leaves his paint prints on a canvas at Taronga Zoo Wednesday in Sydney, Australia. Taronga and Western Plains Zoo pledged a new elephant-conservation project in Thailand, and animals at Taronga made their pledge by dipping their feet and hands in paint and smudging them on canvas. GETTY IMAGES

**Printed with paint**

- The animals included an elephant, a Quokka (a small marsupial), a seal and a penguin.
- 4,000 animals at the zoo have dipped their paws in paint to promote awareness of animal conservation.
- In order to protect elephants from humans, two guard stations and a chain of outposts on the park grounds will be built at the Thailand site.

Tuka the Komodo dragon leaves his paw mark.

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Taronga, in a joint effort with Zoos Victoria, is helping fund the $100,000 project.

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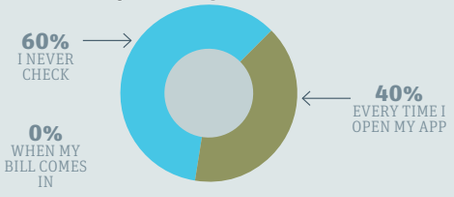


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Edmonton is like an annoying little brother to Calgary. They aspire to be so much more, but realize they will never be as great. #YYC

**@toddrose24:**
Ppl of Calgary, you really need to take a class on how to merge! Do not slow the f--k down, you speed up to the speed limit! #yyc

**@riccocolinares:**
You know you're in #YYC when you wake up to a breakfast party listening to #twang, line dancing & a horse roping peeps

**@MsMeeghan:**
Dear Summer #YYC... You're Welcome to Arrive anytime now!

**@wrongwaayy:**
Now that I'm back in #yyc I must forget how to drive.

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2 SCENE

Scene in brief

## Jack White to practice Voodoo

**Touring in support of his critically acclaimed debut solo album Blunderbuss, Jack White has been added to the lineup for the 2012 Voodoo Music and Arts Experience. White joins other headliners for the event, set for Oct. 26 to 28, including Grammy-Award-winning trio Green Day and Neil Young & Crazy Horse. Other talent previously announced include The Avett Brothers, electronic dance music star Skrillex, Justice, Tomahawk, Say Anything, funk bassist Bootsy Collins, blues-rock guitarist Gary Clark Jr. and the Preservation Hall Jazz Band.**

THE ASSOCIATED PRESS

On the web

**Mandy Moore helps Dove promote importance of 'real-women' role models**

# Where 80th & Ivy meet

**Latest.** New eatery by Calgary restaurateur Ernie Tsu and partners came about as a 'passion project' for chef

BACKSTAGE PASS
Lisa Wilton
calgary@metronews.ca

80th & Ivy owner Ernie Tsu says Calgarian food and drink fans are always looking for unique concepts and great service. LISA WILTON/FOR METRO

In the past year alone, Calgary's already bustling 17th Ave. strip has welcomed more than half-a-dozen new bars and restaurants.

And each new establishment has to work harder to stand out from the crowd and make its mark.

Having owned and operated Classic Jack's on 17th Ave. and 9 St. S.W. for the past 14 years, Ernie Tsu is well aware of the increasing competition in the area.

But Tsu, who also owns 1410 World Bier Haus and is now behind another project, says people will still flock to a restaurant or lounge if the concept is strong and unique.

"Calgarians love fresh ideas," he says.

"They want a cool, comfortable place to hang out. If you can offer that along with great service and food, you should do OK."

Tsu and partners George and Ari Haralabakos are behind Uptown 17th's newest hotspot, 80th & Ivy, which opened this week.

He says while there are many logistics behind creating a new bar or restaurant, the inspiration can be quite simple.

Tsu, who regularly travels around Europe and North America researching food and drink trends, says, "We came across an unbelievable chef who is looking for a 70-seat restaurant that he can 'passion project' behind. When we come across people like that, we will look for a place to buy and put a concept behind it."

Named after the location of the Upper West Side Diner, Ari and George's father's first restaurant in New York City, 80th & Ivy took four months to plan and create.

Tsu says his concept was to bring "fun back to wine" and to highlight fresh food from local Alberta farms.

"It's gotten very pretentious," says Tsu of Calgary's latest take on the wine bistro scene.

"If I go for a glass of wine, I want to enjoy conversation and someone else's company. I feel there is a culture of 'wine snobs' that are trying to change the culture of dining and that's not what we're going to be about."

### Newest place on the block

- Head chef Ryan Campeau uses ingredients from such Alberta suppliers as Broek Pork Acres, Hotchkiss Herbs, Produce, Springcreek Ranch and Sylvan Star Cheese.
- The restaurant only has a small freezer for mixology cocktail ingredients, so none of the food is frozen.
- 80th & Ivy features 80 different wines from around the world, starting at $40 a bottle. On Wednesdays, 30 wines are available for $30.

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# Queen of the rom-com, Nora Ephron leaves behind a trail-blazing legacy

**Remembering a humorist.** Writer set the standard for mixing comedy and romance, and penning parts for Meg Ryan

NED EHRBAR
Metro World News in Hollywood

Nora Ephron wrote some of the best (and earliest) romantic comedies. GETTY IMAGES

The infamous orgasm scene in When Harry Met Sally was a game-changer for female sexuality in film. HANDOUT

Screenwriter, director and author Nora Ephron died Tuesday in California at the age of 71 after a private battle with leukemia. She leaves behind a body of work that includes When Harry Met Sally, Sleepless and Seattle and Julie and Julia. Here are some things pop culture would be missing without Ephron.

**The modern romantic comedy**

With films like When Harry Met Sally and Sleepless in Seattle, Ephron set the standard for the rom-coms of today — and everyone else has just been trying to match her. In fact, those two films often end up duking it out for the top spot on Best Romantic Comedy lists.

**That orgasm scene**

Speaking of When Harry Met Sally, the film's most famous scene features Meg Ryan proving to Billy Crystal just how convincingly a woman can fake an orgasm. But aside from being outrageously funny, it also pushed frank discussions of female sexuality forward in a way mainstream movies usually can't. The scene also turned "I'll have what she's having" into a catchphrase.

**Meg Ryan's career**

Meg Ryan's greatest screen successes came in a trio of romantic comedies either written or directed by Ephron: When Harry Met Sally, Sleepless in Seattle and You've Got Mail. She's never been better than when working with Ephron.

**Meryl Streep as Julia Child**

Sure, Streep might have won an Oscar for playing Margaret Thatcher in the Iron Lady and was only nominated for one for Julie and Julia, but her job of transforming into the famous chef was just as amazing — and a lot funnier. Streep also brought Ephron's words to life in Silkwood and Heartburn, the latter based on Ephron's marriage to Carl Bernstein.

**Loads of wisdom**

Ephron, an avid columnist and author as well as a filmmaker, leaves behind plenty of advice for living a better life, like this gem: "You do get to a certain point in life where you have to realistically, I think, understand that the days are getting shorter, and you can't put things off thinking you'll get to them someday. If you really want to do them, you better do them..."

**Celebrities react**

- **Billy Crystal, star, When Harry Met Sally.** "I am very sad to learn of Nora's passing. She was a brilliant writer and humorist. Being her Harry to Meg's Sally will always have a special place in my heart. I was very lucky to get to say her words."
- **Rosie O'Donnell, co-star, Sleepless in Seattle.** "I am devastated. Nora was a close friend and will be missed terribly."

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# Charlie Sheen: When life imitates 'art'

**Bad boy roles.** Star's new comedy Anger Management prompts us to ask the question: just how many of Sheen's roles are based on his real life?

AMBER RAY
Metro World News in New York

In the new FX comedy Anger Management, Charlie Sheen steps into his first leading role post Two and a Half Men meltdown. He plays a former major league ballplayer whose career was cut short due to his anger issues, leading to his new gig as a therapist specializing in anger management. Sound familiar?

But it's hardly the first role Sheen has taken that mines some of his personal exploits for inspiration. We run down his resume for autobiographical cues.

## Ferris Bueller's Day Off

**Boy in Police Station:** Sheen plays a lout blitzed out of his mind who still manages to woo Ferris' sister while she's being questioned in the police station. The details are unconfirmed, but this may very well be how Sheen met his "goddesses."

## Platoon

**Chris:** Sheen's young recruit struggles with the grey area between what is morally right and wrong — perhaps the only time the hard-partying actor has actually contemplated such things.

## Wall Street

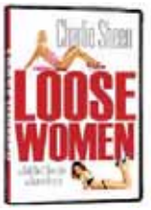
**Bud Fox:** A stockbroker determined to make a name for himself. See: Sheen's My Violent Torpedo of Truth/Defeat is Not An Option tour.

## Major League

**Ricky "Wild Man" Vaughn:** Sheen played baseball in high school; here he stars as a wild, wildly inaccurate pitcher who becomes an ace after the team's manager realizes he needs eyeglasses.

## Hot Shots

**Lt. Topper Harley:** In this Top Gun spoof, Sheen plays a pilot who is described as "talented but unstable." And how accurate.




## Loose Women

**Barbie-loving bartender:** Self explanatory, No?

## Spin City

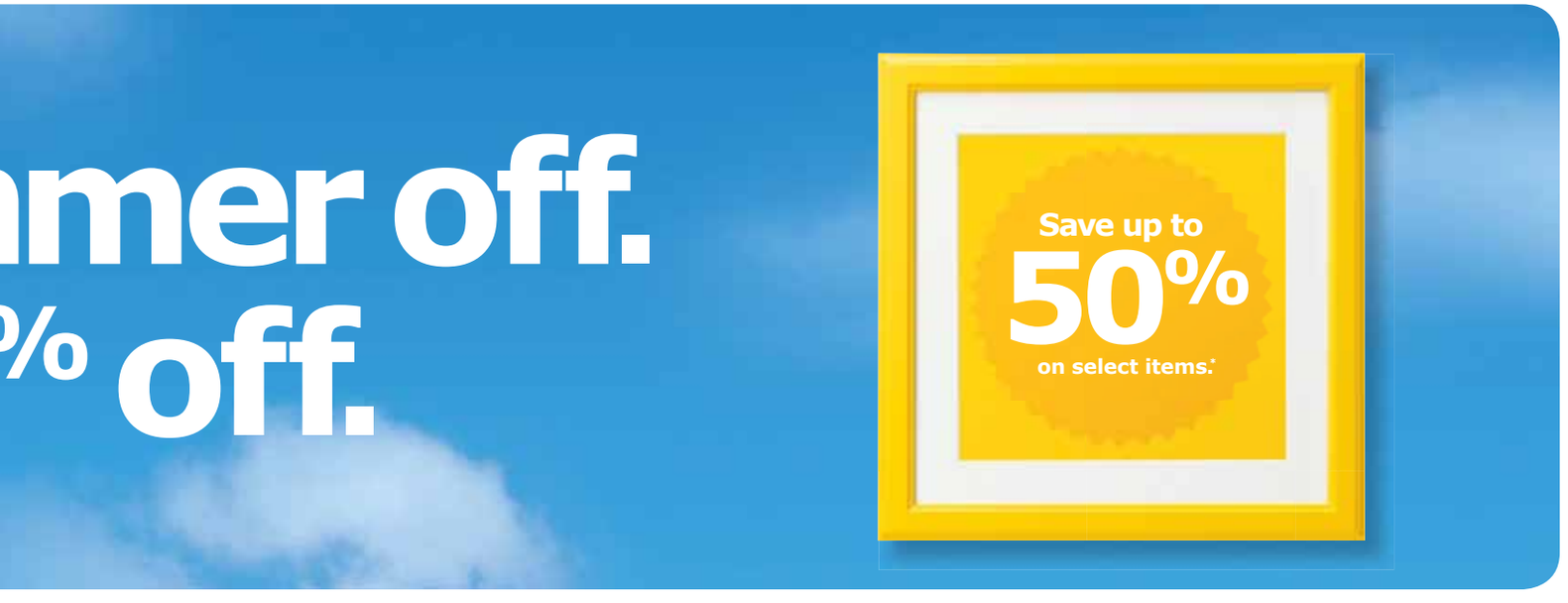
**Charlie Crawford:** Sheen replaced series star Michael J. Fox as the New York City Deputy Mayor, a slick sarcastic professional who later essentially regressed …

## Two and a half Men

**Charlie Harper:** … into Charlie Harper, the womanizer who became less and less distinguishable between sitcom character and tabloid staple

## Anger Management

**Charlie Goodson:** Charlie Goodson is a reformed bad boy. As for a rehabilitated Charlie Sheen? That remains to be seen.



# Rye Rye serving up POP! with a BANG!

**Music.** Rapper, whose album showcases 'ghetto house music,' got her start by spitting a verse on a voicemail

REBECCA FINKEL
scene@metronews.ca

Baltimore-based rapper Rye Rye had her breakout hit at 16, but, due to some usual hold-ups, it took almost three years for her debut album to be released.

She kept busy though, performing with M.I.A. and The Neptunes, and recording the theme to 21 Jump Street.

Still baby-voiced and now even brassier-mouthed, Rye Rye is on tour promoting the long-awaited album, GO! POP! BANG!, which is as danceable as it sounds. "It's very upbeat," she tells us. "It's grimy, it's hard and it's fun. It's like ghetto house music."

**Unlike many young artists, you weren't discovered, you actually promoted yourself — by leaving a rap on Blaqstarr's answering machine. How did you work up the nerve?**

I used to write sometimes, poetry or R&B songs. And I randomly wrote a rap song one day. So Blaqstarr was friends with my sister, and he asked me if I knew how to rap. I said no, because I didn't know if I did or not. But it inspired me to write a whole rap song, so I finished it. I kind of wanted to try it, so I was like, "I'll call his phone..." And I was hoping that he didn't answer so that it would go to the answering machine. Because if he would have answered, I probably would have hung up. I don't think I would have done it.

**So what happened next?**

I went to the club later on that night, and I ran into him. And he was like, "I really liked the first verse to your song, can you spit it for us right here?" And I was like, "No way! I'm hot, I'm sweaty, I just got done dancing..." I was basically just being shy, and I left... But eventually we started working in the studio together.

**In your recordings with Robyn and M.I.A., two really strong female performers, you never outshine or overpower each other. What was it like working with them?**

It was cool working with M.I.A., because she's very humble and we can relate. We both weren't afraid to be different artists and to be ourselves. She had a real spirit. I looked at her as a homegirl, like someone that I've been friends with for a long time — that's the vibe she gave me; she was really down to earth.

On the other hand, with Robyn, when we recorded a track we didn't record in the studio together. But I met her after ... she had so much good advice, and she was very sweet.

**Who would you like to work with in the future?**

I would love to work with Missy Elliott. That's one female I'm dying to work with.

Rye Rye hopes to one day collaborate with Missy Elliott. GETTY IMAGES

Hotel fire

## Where have you been Ri-Ri? Out on the streets

London Fire Brigade says Rihanna was among 300 people evacuated from a hotel after an early-morning fire in an elevator shaft.

The 24-year-old Barbadian singer tweeted news of the fire early Wednesday to her 21 million Twitter followers, posting a picture of a fire engine and the words: "Roamin da streets since 6am! Fyah in da telly."

THE ASSOCIATED PRESS

Site of the crime

## No more bottles to be served, or tossed, at W.i.P. nightclub

A New York City nightclub that was the site of a bottle-hurling brawl after a dispute between the entourages of singers Drake and Chris Brown has had its liquor license suspended.

The State Liquor Authority suspended the license of W.i.P. and its adjacent Greenhouse during an emergency meeting Tuesday night.

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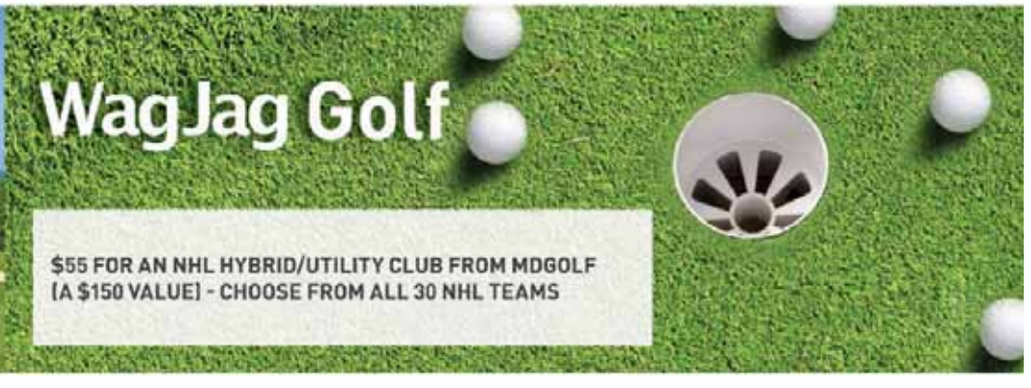


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# ScarJo could get paid for leaked nude pics

Scarlett Johansson could be compensated more than $66,000 for having nude photos leaked in 2011, according to the Los Angeles Times.

Federal prosecutors suggest in a sentencing memo that Christopher Cheney, who pleaded guilty to nine counts of hacking, compensate some of his high-profile targets, including Johansson.

They also suggest $7,500 for Christina Aguilera and $76,767.35 for Secret Life of the American Teenager star Renee Olstead.

In addition, prosecutors are suggesting a 71-month prison sentence for Cheney.

# Imagine a Drake-Chris Brown boxing match

Since their alleged feud erupted in a nightclub brawl last week, Drake and Chris Brown have become very public rivals. And now some folks would like to see them duke it out in the ring.

Billionaire Alki David is offering the R&B stars $1 million each — plus an additional million for charity — to strap on gloves for a pay-per-view boxing match, according to the New York Daily News. Boxing promoter Damon Feldman, who's handling the proposed event, thinks it's a brilliant idea, naturally.

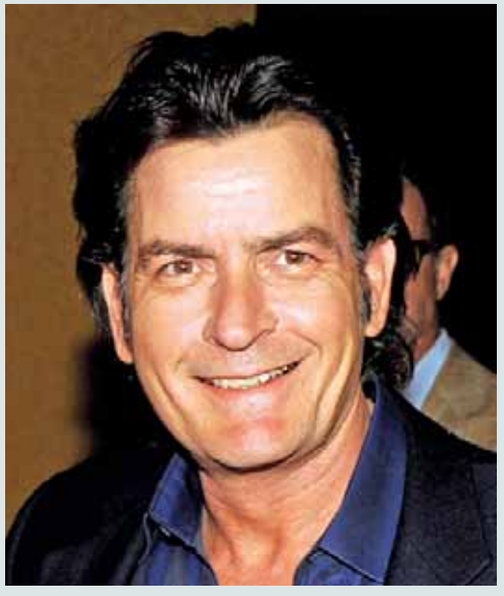
"Obviously they have a grudge. It's just three 1-minute rounds. No one will get seriously hurt," he tells the newspaper.

"I would love to have Rihanna as the ring girl."

# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

**The Word**



## *Charlie Sheen, you win this time*

MONICA WEYMOUTH
scene@metronews.ca

Reports that Charlie Sheen expertly and enthusiastically dismantled another Ritz-Carlton hotel room don't seem to be holding up. While Usmagazine.com claims the actor trashed his suite during a weekend-long party while in New York with ex-wife Denise Richards — which he actually famously did in 2011 before landing in the hospital — his reps and hotel employees are denying he was anything but a well-behaved guest.

TMZ obtained a copy of the bill — why yes, we did feel creepy reading it — and Sheen's version might hold up: Your mom could do more damage to the minibar, and we're pretty sure dry-cleaning isn't a concern when there are coke-dusted porn stars to attend to.

John Travolta. ALL PHOTOS GETTY IMAGES

# Travolta surfaces, engages in red-carpet PDA with wife

John Travolta made his first public appearance since being hit with a cavalcade of sexual misconduct lawsuits from various service industry men, and it appears he decided actions would speak louder than words.

Travolta hit the red carpet for the premiere of his latest film, Oliver Stone's Savages, and instead of stopping to give any interviews, he and wife Kelly Preston put on an impressive show of public displays of affection, groping and kissing each other all the way down the carpet, according to Hollyscoop.

The couple literally could not — or at least would not — keep their hands off each other.

The appearance came just hours after a male cruise ship employee filed a federal suit against Travolta claiming sexual misconduct.

# Did Depp cheat on Paradis?

Johnny Depp recently bought Amber Heard a horse, but he may have been spending some extracurricular time with his former Rum Diary co-star before splitting with longtime partner Vanessa Paradis.

"He's smitten by her. They started sleeping together during the press tour," a source tells Us Weekly.

As for Paradis, she wasn't amused — another source heard her scream, "If I see her, I'll drown her!"

Noted, Vanessa. And with that, we are officially done talking about your split.

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3 LIFE

Fashion Flash

## Welcome to the Jersey store

**Jacob has fans of jersey in mind as it readies to roll out its new casual chic collection. The Montreal-based retailer will debut Jersey by Jacob next month. The collection includes a selection of camisoles, T-shirts, cardigans, sweaters, leggings, pants, dresses, jackets and scarves in a palette of grey, black and white with touches of pink.**

THE CANADIAN PRESS

On the Web

**Milan menswear designers dispel gloom over euro-land with a bright summer 2013**

# Summer hair SOS

**Looking good.** Summer has officially arrived, but too much heat, salt and chlorine can really mess with your hair. Now is the perfect time to give your locks some serious TLC. We explain how.

ROMINA MCGUINNESS
Metro World News in London

This year's schizophrenic weather conditions — scorching heat one day, muggy and wet the next — have probably frazzled and weakened your hair.

Celebrity hair stylist Tommy Buckett, from New York, who has tamed the manes of Ashley Olsen and Emma Stone, talks us through a super simple summer hair-care routine.

## Cover up

You've been so focused on getting your body beach ready that you've neglected your hair.

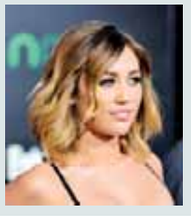
Too much chlorine, sea salt and exposure to the sunlight will cause your hair to look dull and damaged, explains Buckett.

"It's not just your skin that needs protecting. All these things can strip your colour and dry out your hair. So if you want to enjoy the sunshine, you'll have to protect your hair. Wear a hat or a scarf to cover your locks or use a UV protectant spray," says Buckett.

**Top 3 fuss-free summer 'dos**

**Beachy.** Blake Lively's long, loose layers are the ultimate beach look.

**Pixie.** A cropped haircut like Carey Mulligan's is low maintenance and will wipe years off your face.



**Bob.** Layered hair cut just above the neck, like Miley Cyrus, is non-committal and easy curl.

## Damage control

No matter how many times you pin or scrape wet hair back it ends up getting stuck to your clammy forehead.

There's no escaping the heat and humidity.

It's easier to damage wet so avoid pulling it up until it's dry.

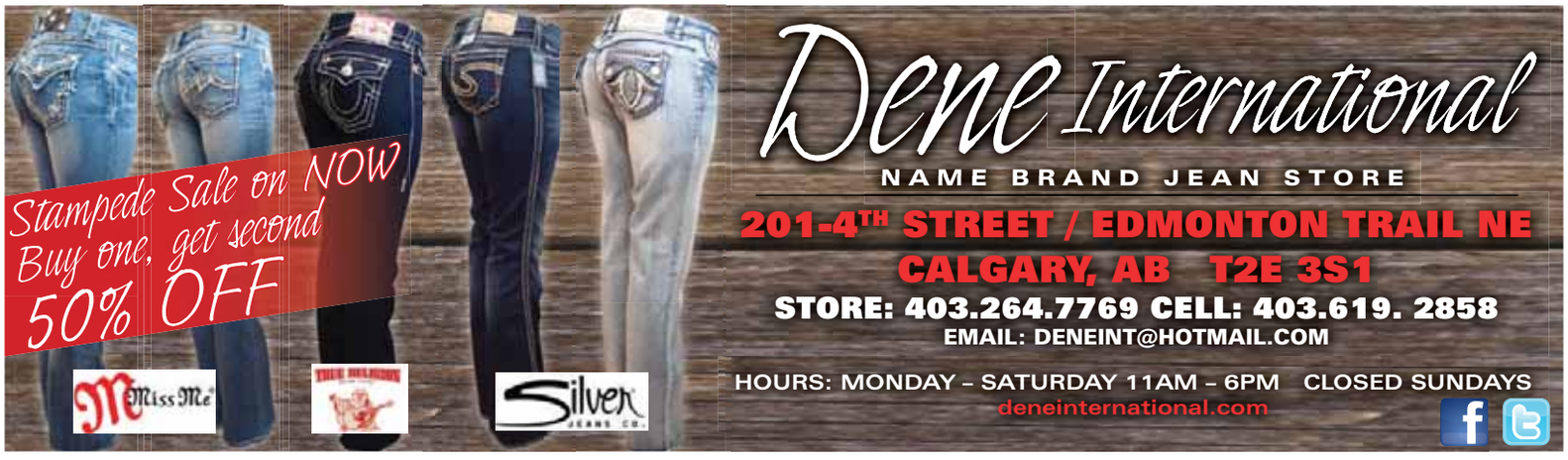
"Your hair is like a rubber band. It can only be pulled so much before it loses its elasticity and snaps. Over time, pulling it back too tight will cause it to snap where the elastic band is placed.

Loosely tie your hair up or use little tortoise-shell clips if you want to avoid breaking it," adds Buckett.

## The perfect beach wave

Some people (rather annoyingly) are born with natural loose waves. Brazilian model Gisele Bündchen is the poster girl for sexy beach hair. For those that aren't, there's a quick-fix solution. "The perfect beach wave can be achieved by spraying sea salt spray and using a diffuser. While drying your hair (it's fine to blow-dry your hair just as long as you make sure you're using a heat protector) twist it in big chunks to create a perfect wave," recommends the hairstylist. And if at the end of the day you want to wash out all the products, sand and waves that's fine. Just remember to always use a conditioner.

We fixed your hair, but the earrings are up to you GETTY IMAGES



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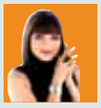

JEANNE SPACE
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**@Jeanne_Beker: What's YOUR idea of a cool Canada Day outfit?**

**@itsLydia_T**
the famous jeans on jeans Canadian tux duh! hehe

**@fknightevents**
you would have to go quite a long way to beat #Kates Canada Day Ottawa outfit from last year!

**@nancycdoyle**
Red and white striped maxi dress and an oversized floppy white hat!

**@kykylwe4**
Egg shell rolled up Khakis, with Red Polo, and Tan Sperry-Top-Siders.

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The Kit

# Canadian street style

Spotted in: Toronto

## Nicole Manek

### Stylist, owner of Life of Manek, television host and ice cream profiler

### Age: 100 ("I'm an old soul")

**What she's wearing:**
Vintage Rowe dress, Michael Kors watch, Little India bracelets, Alexander Wang purse, vintage Rose Clasp bracelet and Alexander Wang boots

**Her inspiration:**
"My style is always rock 'n' roll meets Rhoda!"

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GILLIAN MAPP, GILLIANMAPPONLINE.COM

A superfan outfitted his home theatre with sci-fi decor, including Han Solo in Carbonite. Here's how the design team pulled it off.

MICHELLE CASTILLO
life@metronews.ca

# The Star Wars room every Jedi wishes he had

It's every little potential Sith Lord's (or lady's) dream to have their own Death Star to call home. And, if they are very lucky, sometimes they can make their dreams a reality.

Mike Dillon from Dillon Works and Eric Ward from Definitive Audio count themselves as some of the few to have ever constructed such a project.

Back in 2001, they were commissioned to build a Death Star home theater, featuring the hundreds of Star Wars memorabilia pieces the client had collected over the years — and this month, it became a sensation online, when a slideshow went viral on sites like Buzzfeed.

The plans had been drawn up by Doug Chiang, the design director for Lucasfilm on Star Wars Episode I: The Phantom Menace and Star Wars Episode 2: Attack of the Clones. All the teams had to do was make it reality. Dillon Works was in charge of the design and installation of the piece. Owner Dillon said his crew watched the films over and over again for inspiration, but it helped that some of the crew were Star Wars fanatics themselves. Plus, the client had specific instructions for their dream theater.

"One important aspect was that the client didn't want the automatic doors to make a 'whooshing' sound because that happens in Star Trek — not Star Wars," Dillon told Metro World News by email.

**This has got to be the best home theatre ever created, hands down.** ALL PHOTOS CONTRIBUTED

A Carbonite replica of Han Solo is placed on one of the walls and posters of all the Star Wars films greet moviegoers.

Dillion's team even gave the walkways more depth to make it more realistic.

"In the lobby we made walkways that were raised off of the floor," he explained.

"On the floor and ceiling along the sides we installed mirrors. The result is the illusion that the walls seem to go on further giving, the impression like it would look on the Death Star."

While they wouldn't disclose the price, Dillon Works said that it wouldn't be unusual for a project of this magnitude to run between $250,000 and $1 million, not including the audio/visual components.

To make sure the theater had the perfect equipment, Ward — Definitive Audio's director of business development — and his group installed top-notch technology. They periodically return to the home to upgrade the equipment — for example, they recently installed a Blu-ray player — but the initial work remains the same. All together, he estimated that the equipment cost $1 million dollars, including $165,000 each for the front left and right speakers.

"It's crazy," he said. "Even the theaters are catching on, but it has way better sound systems, digital equipment and digital projectors than what's out there."

Ward is used to doing things like hiding speakers behind panels, so they did some neat tricks like creating a projector lift into the ceiling in a separate projection room to hide the equipment.

But, the client decided they liked the exposed speaker look for the theater. The challenge came with trying to fit everything in the room, especially because the walls curved.

Ward is confident that the speakers have stood the test of time and sound better than most theaters, calling the viewing experience in the room "phenomenal."

"The client liked the equipment," Ward said. "So, we had to make it look good. Then we had to make it sound good."

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# All hands on deck!

**DIY ideas.** Just how Yardcore are you? Summertime is all about outdoor living — now's the time to fix up your decking

The Canada Day long weekend is here, which means barbeques, sunshine, long chats and cool drinks — and where better to enjoy these activities than on a beautiful deck!

Landscape professionals Jake and Joel Moss set homeowners up with the yard of a lifetime on Yardcore, and you can bet their projects have featured many beautiful backyard decks.

Back-to-back episodes of Yardcore air Fridays beginning at 9 p.m. ET/PT on DIY Network Canada.

### First steps

Decks provide an extra space to lounge and dine alfresco. They can highlight the design of a yard and maximize outdoor space, and can also be installed where a patio cannot such as on slopes or a rocky terrain.

There are a variety of shapes and materials to choose from but before getting started it's best to consult your city's building codes for any requirements on railing and landing heights.

### Selecting materials

There are many different decking materials to choose from and it's a good idea to evaluate the various options before getting started.

Pressure-treated wood is probably the most popular as there is a wide variety of colour and grain options. With this product you can refinish scratches and stains yourself, although it is prone to weathering and splitting.

An alternative is aluminum decking which can last for decades as it is strong, rust-proof and watertight and can also allow for waterproof storage underneath. This choice is pricey and the textured surfaces of aluminum can trap dirt.

A third option is composite decking. This material doesn't require a sealer and can be made into curved shapes which allows for a wide range of designs. It lasts longer than wood and is far more durable, but composites can fade and deep scratches and tough stains may require a board to be replaced.

**Don't forget about seating**

**Installing a permanent wood bench will ensure that there's always enough seating space at a party; colourful pillows can also be added for a fun touch.**

- **Cool ideas.** A bright umbrella will provide shade and can complement flowers. Investing in outdoor lighting will also ensure you enjoy your deck long into the warm summer nights.

### Deck care

Scrub pressure-treated wood decks once a year using a deck wash and apply a protective sealer every two to three years. If you've selected a metal deck, be sure to sweep and hose regularly. For a deeper clean, use a solution of dishwashing liquid diluted in water and scrub the deck with a soft-bristle broom.

For composite decking, wash away surface dirt weekly and clean once a year with a composite cleaning solution. Implementing these cleaning tips will ensure that your deck remains an outdoor draw for years to come.

BACK-TO-BACK EPISODES OF YARDCORE AIR FRIDAYS BEGINNING AT 9 P.M. ET/PT ON DIY NETWORK CANADA

**Put on some wellies and give your deck a good scrub.** ISTOCK IMAGES

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# Easy bathroom upgrades

**Decor ideas.** It's a small space with infinite possibilities — why not give your loo a little love?

DESIGN CENTRE
Karl Lohnes
home@metronews.ca

**Q: I can't do a full-on renovation of my 12-year-old condo bathroom right now, but I would like to give it a mini-makeover to add more comfort and style. What can I do? Deirdre Miller, London, Ont.**

A: With any short-term decoration project I always recommend going dramatic; this gives you the biggest bang for your buck and creates some drama to tie you over until you can do a full reno.

Here are some ideas and great products that are homeowner-friendly and provide big impact in your bathroom.

I suggest using most of your budget on neutral-coloured products and having fun with punchy towels or small accessories on a smaller budget. This gives you longevity, and it will stay in style until you are ready to make big changes.

**Shower with ease:** Turn a standard tub into a flexible shower spa with the Hydrorail by Kohler. Choose whichever showerhead works for your comfort and install it easily over your existing tile. It's a great way to turn your tub area into a personal retreat without renovating the entire tub and shower. It'll be dollars spent on just you and your comfort. Cost: $450 to $1,700.

**Peel and stick:** I love the fun peel-and-stick tiles offer for a kitchen backsplash or in a bathroom. Smart Tile's Carbon Mosaik sheets are made of a gel that make the tiles look 3D. Easy to cut and maintain, simple peel-and-stick tiles on an entire wall in the bath (outside of shower area) creates a trend-setting look and a high-end focal wall. Cost: $250 to $500.

**Modern Accessories:** With a modern towel rod, shower curtains and hooks will instantly improve and update the look of the bathroom. I like the brushed steel and square designs of Crate and Barrel's Brushed Steel Wall Hooks as they appear to be much more high-end than their price. Try adding two in the shower area for personal towels and one on the back of door for a luxe robe. Cost: $100 to $200.

**Go tall:** Mounting an outside shower curtain at ceiling height and hanging a long decorative drape hides the shower area, and adds a sense of height to the bathroom while making the room feel like a powder room for guests. Use a synthetic fabric for your drape, and of course use a separate shower curtain liner behind the drape to protect it. Cost: $100 to $300.

**Spa Feelings:** Little touches like candles, wastebaskets and rugs create that spa feeling when needed. Try to choose accessories that are both decorative and useful; that way guests won't feel like they've invaded your private spa space. I love the smooth pebble mat from CB2; it massages the feet and adds a cool touch when getting out of a warm shower. Cost: $100 to $400.

Pebble Mat, $50, CB2 CB2.CA

**Embrace a new colour**

**Paint all the remaining wall and ceiling the same colour to add drama to the space.**

- **Go dramatic.** A deep grey will blend the brushed metal, carbon tiles and other neutral accessories together and allow other punchy-coloured items to show up beautifully. Wall Street CSP-20, Benjamin Moore Paints. Cost: $50 to $100.

Kohler's Hydrorail Column, $441 and up KOHLER.CA

Single Brushed Steel Wall Hook, $17 CRATEANDBARREL.CA

Smart Tiles' Carbon Mosaik, $11, HOMEDEPOT.CA

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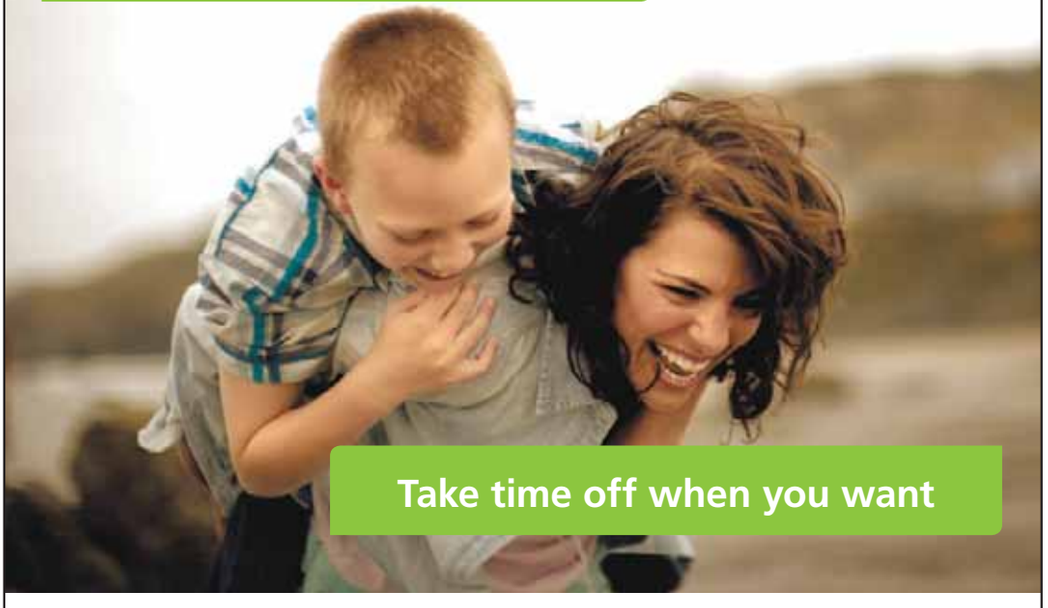

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# Thou shalt covet and copy thy neighbour's lovely garden style

## The Japanese concept of 'borrowed landscape' lets you expand your yard's horizons — for free

If your garden or yard is feeling too small, expand your horizons without buying another square inch of property or doing much work. Just borrow some landscape.

"Borrowed landscape" is a technique frequently used in designing Japanese gardens, where it is called shakkei, but it can be employed in any garden style. The idea is to incorporate distant elements of the surrounding landscape into your own, creating the feeling of greater space.

You could reap a feeling of infinite space if that distant element is a mountain or ocean that stretches all the way to the horizon. Or you could just borrow a bit of scenery from your neighbour's yard — an attractive clump of birch or larch trees, a grape arbour or a pergola dripping with wisteria blooms, for example.

THE ASSOCIATED PRESS

### Begin your borrowing

First, look around to see what you'd like to borrow. Ideally, this should be done before you plan or plant anything, even before you've moved any dirt or stones around in your own garden. But it's usually not difficult to borrow landscape even into an existing garden.

No need to borrow a whole scene. A view of a lumbering meadow that breaks into a range of mountains might create too expansive a feeling if on view from everywhere in your garden. Part of the art in gardening is balancing a sense of coziness and enclosure, which gives us the word "garden" (from the same root as the words guard, yard and girth), with a feeling for the infinite, for limitless horizons.

A window of some expansive scene — through an opening in a fence or hedge, for example — might make such a view all the more precious. As for your neighbour's pergola clothed in wisteria: You might not want to also see the red sports car he always parks nearby.

A burrowed landscape that incorporates surrounding


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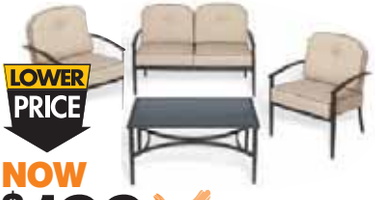

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Indoor gardening: Earthenware air pod holders showcase Tillandsias.

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# Green-ify your indoor space

On the indoor gardening stage, plants such as peace lily, Boston fern and sansevieria are veterans, tried-and-true performers that require little fussing over.

But there are scene changes afoot; new plants and ideas are making indoor gardening a more exciting show.

So what's on the playbill?

Quirky succulents, spring bulbs, small trees, even outdoor plants, such as blue fescue grass, begonias, flowering maple and lobelia — all are suggestions from Tovah Martin, a horticulturist in Roxbury, Conn., and author of the new The Unexpected Houseplant (Timber Press).

"Not everything translates, but some plants make the leap indoors without a whimper," Martin says. She also suggests fragrant plants like lavender, Constantinople narcissus and night-blooming jasmine.

There are some eye-popping new offerings on the market for indoor gardens, agrees Doug Jimerson, garden editorial director for Better Homes & Gardens magazine.

"Some of the most exciting things are new colour forms of classic varieties like Chinese evergreens, imported from Thailand, that have boldly patterned red, cream and green leaves," he says. "For years, they were only available with green or mottled leaves."

Creative indoor gardeners also can make interesting

scenery, to expand a garden and backyard, in New Paltz, N.Y. LEE REICH/THE ASSOCIATED PRESS

## Bring focus on what you want to borrow

Once you've decided which surrounding scenery you might like to borrow, bring it on home to your garden. This might entail nothing more than planting or building something to obstruct part of a view, thus lending focus to what remains. Or it might require removing some obstruction, such as a pine tree in the wrong place or a fence that's too tall.

Most borrowed scenery represents just a slice of what is out there, so bringing it home might just mean selectively trimming that pine tree or making just a hole in the fence. A cut in the fence in itself contributes to the look of the garden. Popular in both oriental and occidental gardens are fences or walls with "moon windows," circular openings that allow a chosen view.

By screening out much of the landscape beyond, a small opening begs viewing of it; a relatively narrow rectangular opening in a fence or wall can bring attention to a distant view. A pair of prominent evergreens and a nonfunctional gate could provide a psychological entryway into your borrowed landscape.

## Mimic to bring to outside in

Another way to borrow landscape is to echo elements in the distant landscape with similar elements in your garden.

A grouping of rocks in your space might show kinship with a similarly shaped distant mountain. A small but upright tree might form a connection to stately, spired conifers in the distance. A trickle of water — even rounded stones representing a dry streambed — might form a visual association with a majestic waterway far away.

In most cases, borrowing a landscape entails less muscle than creating one.

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New-York-based ceramic artist Nicholas Newcomb's earthenware air pod holders showcase miniature orchids. AIR POD PLANT HOLDERS/ILOVEAIRPODS.COM/THE ASSOCIATED PRESS

tablescapes using a flat tray, potting mix, and aquarium gravel or river rocks, suggests Rosemary McCreary, author of Tabletop Gardens (Storey, 2002). "Closely plant small succulents of contrasting textures and hues, like sedum, echeveria and sempervivum. They're showstoppers!" she says.

Contemporary living spaces are well served by such minimalist table gardens, but they also could be enhanced by a single dramatic tree. Figs and palms are common choices, but Martin suggests dwarf citrus and coffee trees, and even little conifers for a chilly alcove.

Grasses like rye, wheat and sedge can create bold living art indoors when planted in intriguing containers made of pottery, wood or metal.

Martin started making terrariums as a child and has more than 20 in her home. Don't put succulents under glass, she warns: "They won't work in a terrarium over the long haul. Succulents like dry, arid conditions." Ditto cacti and herbs. But anything that likes high humidity and low light will thrive: mosses, creeping fig, miniature ivies and orchids.

Chive.com has a selection of chic, streamlined terrariums resembling large clear pill capsules, with bases in white, green, orange and teal.

And New York-based ceramicist Nicholas Newcomb makes organic, clay "air pods" meant to house epiphytes, or air plants. These plants need no soil; they gather nutrients from the atmosphere and usually need only a light misting or brief occasional bath to grow well for years. THE ASSOCIATED PRESS

**Just add soil**

**Get creative when thinking about containers for a terrarium: cake stands, apothecary jars, cookie jars, fishbowls.**

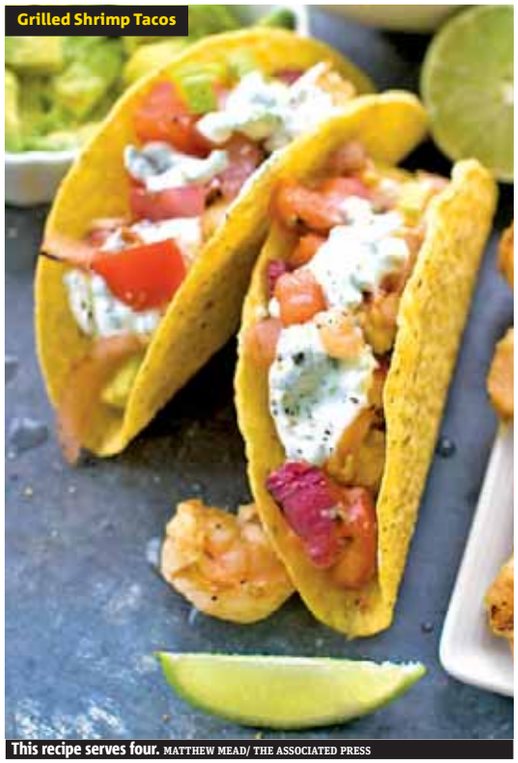
- **Think outside the pot.** Search tag sales and off-price stores for inexpensive, out-of-the-ordinary receptacles, but make sure you can stick your hand inside easily.
- **Put a lid on it.** You can even use a glass plate.

# Grilled Shrimp Tacos go from food-truck staple to dinner-table fare with this recipe

Whether you prefer your tacos hard and crunchy or lean more to the softer side, this grilled shrimp filling perfect for a summer barbecue will leave you satisfied.

Shrimp cook quickly, especially on the intense heat of the grill, so be sure to prep your other ingredients ahead of time and set out a buffet of toppings and tortillas. Then just toss the shrimp on the grill and in minutes you'll be enjoying summer just a little bit more.

**1.** Heat the grill to high.




This recipe serves four. MATTHEW MEAD/ THE ASSOCIATED PRESS

**2.** Place the shrimp in a large bowl. Season with salt, pepper and cumin, then toss to coat evenly.

**3.** Divide the shrimp among 6 skewers, threading them evenly without crowding them on the skewers. Do the same for the onions.

**4.** Using an oil-soaked paper towel held with tongs, lightly oil the grill grates. Grill the shrimp for 2 minutes per side and the onions for 5 minutes per side.

**5.** Chop the grilled red onions and place in a medium bowl. Stir in the celery, tomatoes, chipotle pepper and garlic. Season with salt and black pepper. Set aside.

**6.** In a small bowl, toss the avocado with the lime juice. In another small bowl, stir together the sour cream and cilantro.

**7.** To serve, set shrimp, red onion salsa, avocado and sour cream on table with the taco shells or tortillas. Diners can assemble their tacos. THE ASSOCIATED PRESS

## Ingredients

- 1 lb extra-large shrimp
- Salt and ground black pepper
- 1 tbsp ground cumin
- 2 medium red onions, sliced
- 1/2 cup chopped celery
- 4 plum tomatoes, chopped
- 1 chipotle pepper in adobo sauce, minced
- 2 cloves garlic, minced
- 1 avocado, peeled, pitted and diced
- Juice of 1 lime
- 1/2 cup low-fat sour cream
- 1/4 cup chopped cilantro
- 8 taco shells or 6-inch tortillas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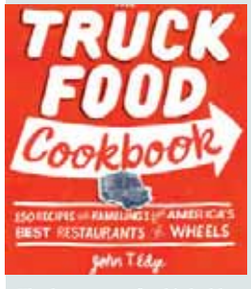
Book of the week

## Street eats love




The best street food is bold, delicious, surprising, over-the-top and eatable on the run. And the best part is now you can make it at home.

Researched by John T. Edge, The Truck Food Cookbook delivers 150 recipes from America's best restaurants on wheels from L.A. and New York to Portland, Austin and more. Hundreds of full-colour photographs capture the lively street food scene and its hip and funky aesthetic.

The resulting menu includes eats such as: Crawfish Pies, Calexico Carne Asada Tacos, Falafel and Egg Hoagies, Cheesesteak Sandwiches, Sweet Potato Cupcakes, Kalbi Beef Sliders and more. METRO

metro
SUMMER FUN
Thursday, June 28, 2012

The summer is the best time to enjoy the great outdoors and take the family camping. ISTOCKPHOTO/THINKSTOCK

# Vacation under the stars

**Camping 101.** Nothing says summer like camping and spending time in the great outdoors

YLVA VAN BUUREN
For Metro

There's nothing more Canadian than camping ... sleeping in a tent and spending time around a campfire in the great outdoors. Whether you are new to Canada or you've just never pitched a tent before, with the hot summer forecast this is the perfect year to try it out. But before you go looking for a campground, there are certain skills and helpful equipment you should know about.

The camping essentials, says Steve Hardie, camping manager at Canadian Tire, consist of everything you need for sleeping, eating and finding your way around in the dark (flashlights, lanterns and camp fires).

"The most important things are that you are comfortable, equipment is easy to use and you enjoy your experience," says Hardie. For example, Canadian Tire has a four-person tent that goes up in less than one minute.

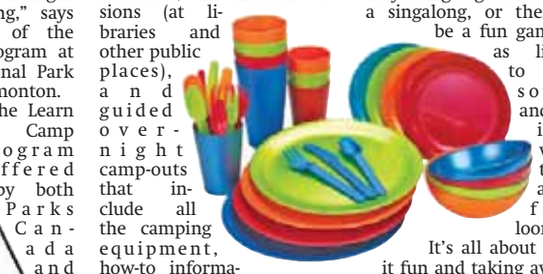
"It's important to remove any intimidations you might have about camping," says Maureen Shenher of the Learn to Camp program at Elk Island National Park in Edmonton.

The Learn to Camp program offered by both Parks Canada and Ontario Parks in different locations across the country can help. It provides online resources, information sessions (at libraries and other public places), and guided overnight camp-outs that include all the camping equipment, how-to information, and the actual experience of camping. The fee is $64.

When participants arrive in the morning, they learn how to set up a campsite. The afternoon is for exploring the campgrounds. And everyone helps to put dinner together. "Then we show them how to build a campfire and make s'mores, of course," says Lori Waldbrook with Ontario Parks. Someone may bring a guitar and have a singalong, or there may be a fun game such as listening to "night sounds" and guessing what they are (tree frogs, loons, etc.)

It's all about making it fun and taking away any fears someone might have about the outdoor experience.

For more information, visit pc.gc.ca/media/ltc-dlc/ltc-dlc08.aspx for Learn to Camp experiences with Parks Canada.



Coleman Instant Tent, 4-Person, $179.99, left, 33-Piece Camping Dinner Set $19.99, above, and Coleman Electronic Ignition Grill Stove, $99.99, all available at Canadian Tire, canadiantire.ca.

**Helpful tips**

### Learn to Camp App

- Parks Canada Learn to Camp App provides tips, advice and all the information you need to plan and enjoy your first camping trip. There are recipes, checklists and tips for experienced campers. Download the app for free at pc.gc.ca/media/ltc-dlc/index.aspx.

**Why camp?**

- The great outdoors
- Affordable vacation
- Family time
- Change of pace
- Fun with friends
- Get away
- It's fun
- It's different
- Outdoor activities
- Back to nature

Susur Lee. TORSTAR NEWS SERVICE

## *Cooking over an open fire*

Make your day at an urban park or week at a national park deliciously good!

Singapore-style beef shish kebabs grilled to perfection and plated with lightly charred grape tomatoes, sliced zucchini and mushrooms and garnished with grilled red chili pepper and fresh lime ... it sure doesn't sound like a campsite meal.

But new camp stoves and other equipment along with adventurous menu ideas mean campers can go gourmet under the stars.

"Camping is so much about sharing the romance of the outdoors with your friends and family," says celebrated chef Susur Lee. All you need is a good cooler, camp stove and a surface to work on, and then "there's really not much difference to cooking here and cooking in the kitchen," says Lee.

Equipment such as easy-to-clean non-stick grills (just clean them with a cloth), compact propane grills with instant even heat, and bug covers for food will help.

Make at least one dish at every meal that your family loves and, of course, cut corners and eat locally grown foods when possible, says Lee.

The one herb you should always have on hand? Basil, says Lee. It's so versatile. One way to use it: Slice fresh tomatoes, add salt, lemon juice and basil ... and you have a great salad.

YLVA VAN BUUREN

**Simply delicious**

### A gourmet dessert

Here is an easy way make a gourmet dessert at the campground. Warm fresh strawberries in brown butter, mix in non-alcoholic icewine and cook together. Pour over a prepared angel food cake. Top with lemon yogurt.

# Were you born to grill?

**Firing up the BBQ.** Celebrity chef Rob Rainford provides tips to make barbecue season a success

YLVA VAN BUUREN
For Metro

There's nothing like a backyard barbecue to bring friends and family together, says Canadian chef and grill expert Rob Rainford.

Rainford, who teaches at George Brown College and is the chef at Gossip restaurant in Toronto, says when he is entertaining he will often cook a chicken or a tenderloin — "so I'm not completely straddled to the barbecue, and I can spend time with guests, too." But he is happy cooking a steak or burger to order as well.

Here is how to grill the Rainford way:

• Keep one part of the grill hot and the other at a lower temperature. "Then, depending on the cut of meat, you can sear it on both sides on the hot side, then finish the cooking process more gently on the cooler side of the grill."

• Always bring meat to room temperature before you grill to ensure even cooking.

• To keep meat or fish from sticking to the grill, wipe the cooking grates with vegetable oil before putting food onto them. Also, and this is most important, maintain a high temperature and leave the meat alone for the first 30 to 45 seconds.

• Use a water spray bottle to extinguish flare-ups from dripping juices from the meat. But it may also be better to move the meat to the lower heat side of the grill and finish cooking it that way.

• Watch the food you are grilling at all times. If you are slow grilling — the barbecue is at 100 C (220 F) — you can walk away but be sure to check it every half-hour.

• Let meat rest (even burgers) for about 10 minutes under tented foil before serving.

Celebrity chef Rob Rainford. CONTRIBUTED

### FLAVOUR TIPS

• Grilled Greens: "I always add a grilled element to salads to add that barbecue flavour," says Rainford. For example, he will take scallions or leeks and grill them quickly and put them into a tossed green salad.

• Smoke It: Consider using wood chips in your barbecue and adding a smoky flavour. There are different kinds depending on what you are grilling. Flavourful woods such as hickory and mesquite go well with ribs while sweeter woods such as apple or cherry are recommended for tuna or chicken.

• Add Some Heat: Rainford, who has Jamaican parents, says you can jazz up any recipe by adding a tablespoon of Jerk sauce to the barbecue sauce you use (he includes recipes in his cookbook).

## Recipe. Rob Rainford's Fired-Up Chicken Wings

**Ingredients**

- ½ cup (125 ml) canola oil
- ¼ cup (60 ml) Jerk Marinade (see Rainford's Staple Recipes in his book)
- 2 tbsp (30 ml) chili powder
- 2 tbsp (30 ml) onion powder
- 1 tbsp (15 ml) garlic powder
- 1 tbsp (15 ml) smoked paprika
- 1 tbsp (15 ml) freshly ground black pepper
- 1 jalapeno chili (for less heat, seed the chili)
- 1 tsp (5 ml) kosher salt
- ½ tsp (2 ml) ground ginger
- 2 lbs (1 kg) chicken wings

**1** Combine the canola oil, jerk marinade, chili powder, onion powder, garlic powder, smoked paprika, black pepper, jalapeño, salt and ground ginger in a large bowl.

**2** Add the chicken wings and toss to coat evenly. Refrigerate for at least 2 hours or up to 24 hours.

**3** Fire up your charcoal. You need a medium-high grilling temp of around 350 F (180 C). Prep the grill for cooking over direct heat. If using a gas barbecue, preheat one side to medium-high and turn the other burner off so you can finish grilling the wings on the cooler side of the grill if they start to char.

**4** Remove the wings from the marinade, shaking off the excess. Pat the wings dry with paper towels.

**5** Grill the wings, turning often, for 20 to 30 minutes or until golden and the juices run clear. (If using a kamado-style grill, the wings need to be turned just once, halfway through cooking.)Makes two main-course servings; 10 appetizer-size servings.

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YOUR SUMMER STAIN REMOVAL GUIDE
*Handy tips to help you get through the stains of summer.*

CLOROX2 STAIN FIGHTER

BURGER BOO-BOOS.
Mmm, juicy burgers with ketchup... too bad it's all over your favourite t-shirt!
**PRETREAT:** Apply Clorox2® Laundry Stain Remover Spray directly on stain. Let stand for 5 – 10 minutes.
**LAUNDER:** Wash immediately with your favourite detergent and one Clorox2® Stain Fighter and Colour Booster concentrated pack. Check that the stain is gone before putting it in the dryer.

TWO SCOOPS OF TROUBLE.
Half of your daughter's ice cream is on the ground. The other half landed on her shirt.
**PRETREAT:** Apply Clorox2® Laundry Stain Remover Spray with foaming action formulated with TripleSolve™ Technology to penetrate, dissolve and eliminate stains. Let stand for 5 – 10 minutes (don't let dry on fabric) and rinse.
**LAUNDER:** Wash as usual with your favourite detergent and one Clorox2® Stain Fighter and Colour Booster concentrated pack.

THE GRASS IS ALWAYS GREENER...
...on your kids' pants.
**PRETREAT:** Apply Clorox2® Laundry Stain Remover Spray directly on stain. Its foaming action will help loosen dirt and break down grass stains. Let stand for 5 – 10 minutes.
**LAUNDER:** Wash immediately with your favourite detergent and one Clorox2® Stain Fighter and Colour Booster concentrated pack.

This guide was brought to you by CLOROX2® STAIN FIGHTER

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# *Cheers to* CANADA

ENTER FOR YOUR CHANCE TO WIN† A

## *Classic Canadian* SUMMER VACATION

AT CHEERSTOCANADA.CA

That's GOOD STUFF

†NO PURCHASE NECESSARY. Must be legal drinking age. Approximate retail value of prize is $5,000. Odds of winning depend on the number of eligible entries received. Contest closes on September 3, 2012. Must correctly answer a skill-testing question without assistance and be in compliance with rules in order to be declared a winner. Go to cheerstocanada.ca for full rules and entry. *TM/MC Labatt Brewing Company.

# SECRET GARDEN IN THE HEART OF CALGARY

Escape the fast paced life of downtown Calgary by retreating to the quiet comforts of Cilantro's patio.

Located right in the heart of the action on 17th Avenue, Cilantro's patio is a tucked away getaway that will make you forget you are still in the city.

"It is almost like a secret garden, it has a beautiful garden feel," says Tony Migliarese, operations manager at Cilantro. "Even if it is busy on the Avenue, it is quiet and cosy on our patio."

With plenty of fresh and exciting cocktails on its menu this summer, Cilantro is sticking to its twists on classic drinks.

"Most of our cocktails are based on being crispy and refreshing," says Migliarese.

With all cocktails made in-house with freshly squeezed juices, they are perfect for enjoying on the patio on a warm summer day.

Because of its great location, Cilantro is a great location for lunch during the week or as a party for your weekend plans. "It is a great place to start or end your evening," says Migliarese.

With as many seats on the patio as indoors, you will never have to worry about getting rained out on the patio.

With each patio reservation, the staff at Cilantro will do their best to ensure there is also a table set aside for you inside in case the unpredictable Calgary weather decides to change.

The patio at Cilantro is also available for bookings of private functions, perfect for your Stampede party.

Cilantro is located on the Red Mile at 338-17th Avenue SW. To make reservations at Cilantro, call 403-229-1177 or visit it online at crmr.com/cilantro.

# PERFECT RECIPE FOR AN AMAZING SUMMER

There is nothing better than a little fun in the sun with a big helping of salsa.

Add a Julio's Barrio signature Bulldog in the mix on its Kensington patio, and you have the perfect recipe for an amazing summer.

"It is an escape to Mexico within the city," says Nozer Bhathena, general manager at Julio's Barrio.

"We will provide the sunglasses if you don't have them. Sombrero's optional."

Julio's Barrio has more than 100 patio seats with one of the best views in all of Calgary, overlooking downtown and the Bow River. According to Bhathena, it is a casual, relaxed atmosphere, perfect for a business lunch or a night out with friends.

"There is no better place to enjoy a Bulldog on a hot day with one of our signature dishes," says Bhathena.

Be sure to try one of Julio's signature Bulldogs, a cool mix of beer and margarita slush in a large festive glass.

Julio's Barrio is the perfect location for birthday parties, stags or stagettes — or any occasion. "It is a great place to chill out and have good food and drinks this summer," says Bhathena.

Julio's Barrio is an all-ages establishment and a perfect spot to bring your family for a taste of Mexico.

Julio's Barrio in Kensington is located at 1110 Memorial Dr. NW and is open Sunday to Thursday, 11:30 a.m. until 11 p.m., and Friday and Saturday 11:30 a.m. until 1 a.m.

To book your next party or celebration at Julio's Barrio, call 403-203-3066 or visit it online at juliosbarrio.com.

NHL

## Flames acquire Dennis Wideman

The Washington Capitals have traded all-star defenceman Dennis Wideman to the Calgary Flames for a fifth-round pick in the 2013 NHL draft and minor-league defenceman Jordan Henry.

Wideman had 11 goals and 35 assists in 82 games for Washington last season. He was eligible to become an unrestricted free agent on July 1, but agreed to a five-year contract with Calgary on Wednesday.

Henry had two goals, nine assists and 97 penalty minutes in 68 games in the AHL last season.

THE ASSOCIATED PRESS

Ryder Cup

## Love chooses longtime friends as assistant captains

U.S. captain Davis Love III selected a pair of longtime friends, Fred Couples and Mike Hulbert, as his assistants for the Ryder Cup. He said Wednesday they will help him choose his two other assistant captains for the Sept. 28 to 30 matches at Medinah.

European captain Jose Maria Olazabal has not announced his assistants.

THE ASSOCIATED PRESS

NBA

## Crapshoot in draft after Hornets use first pick on Davis

Once Anthony Davis slips on a Hornets hat above basketball's most celebrated eyebrow Thursday night, the NBA draft really starts.

Davis will head to New Orleans with the No. 1 pick, even if the college player of the year is reluctant to guarantee it.

After that, nobody can be sure what will happen.

THE ASSOCIATED PRESS

# Wimbledon. Interruption fails to slow Milos Raonic

It took two days, but 21-year-old Canadian Milos Raonic is through to the second round at Wimbledon.

Raonic advanced with a 6-4, 6-4, 6-4 win over Colombian Santiago Giraldo on Wednesday.

Raonic led 2-0 and was about to serve for the match Tuesday night before rain and darkness forced officials to stop play. Raonic only needed 80 seconds to close out play Wednesday, setting up a second-round meeting with American Sam Querrey on Thursday.

The Thornhill, Ont., native said he treated Wednesday's short stint as a "practice session."

Milos Raonic in action at Wimbledon on Tuesday. PAUL GILHAM/GETTY IMAGES

Fellow Canadian Aleksandra Wozniak, ranked 56th, opened with a 6-2, 7-5 win over Russian Vera Dushevina.

THE CANADIAN PRESS

# NHL. NHLPA sets 31-man negotiating committee

Poised and confident. Calm and ready. There wasn't the slightest hint of tension in the air as the NHL Players' Association wrapped up executive board meetings Wednesday and shifted its attention to the imminent negotiation of a new collective bargaining agreement.

"We're ready," said Don Fehr, the NHLPA's executive director. "The players are ready, I'm sure the owners are ready. It's time to start."

The first formal session will be held Friday in New York. The sides also have plans to meet again late next week and are expected to continue holding regular sessions until a new deal can be hammered out.

On Wednesday, Fehr unveiled a 31-player negotiating committee that includes a true cross-section of the union's membership: Recognizable faces in Henrik Zetterberg, Shea Weber and Shane Doan; journeymen such as Dominic Moore; and even John Tavares, who is only 21 years old and just completed his entry-level contract.

"Don's done a great job of relating to guys like me," said Tavares. THE CANADIAN PRESS

**Expiry date**

The current collective bargaining agreement expires Sept. 15.

# Spain wins despite its sputtering offence

Euro 2012 semifinal.

Cesc Fabregas scores decisive penalty to send Spaniards to final

Still not pretty to watch, still just as effective.

Spain failed to dazzle yet again at the European Championship, but still advanced to its third straight major championship final by beating Portugal 4-2 in a penalty shootout on Wednesday following a 0-0 draw after extra time.

"We're playing better in defence than what the characteristics of our players would suggest," Spain coach Vicente del Bosque said. "That's what earns victories."

After earning plaudits for the eye-catching one-touch passing that helped Spain win titles at Euro 2008 and the 2010 World Cup, this year's team is struggling to create chances. Wednesday, Spain managed one shot on target in regulation.

Cristiano Ronaldo had several chances for Portugal, but he sent three shots well over the bar as his team held its own for the entire match. Ronaldo did not take a penalty in the shootout. He had been slated to take the fifth, but he never got that far.

THE ASSOCIATED PRESS

Game plan

## *Italy plans all-out attack*

Italy coach Cesare Prandelli has some questions over his lineup for Thursday's European Championship semifinal with Germany. There's no question, though, over what type of match his team will play.

Despite facing the tournament's most impressive squad thus far, Prandelli promises his team will attack at will.

THE ASSOCIATED PRESS

Spain players celebrate victory over Portugal Wednesday in Donetsk, Ukraine. LAURENCE GRIFFITHS/GETTY IMAGES

4 SPORTS

NHL

**"We are not going to be focusing on winning, winning, winning to the point that it suffocates us and we squeeze our sticks."**

New Edmonton Oilers coach Ralph Krueger, who promised a plan to get inside the heads of his young scoring phenoms to keep them loose and make them believe. The Oilers signed Krueger, the associate coach last year, to a three-year deal. He replaces Tom Renney, who was let go as the team's 10th head coach last month.

THE CANADIAN PRESS

On the web

Should there be a rule for how much grunting is acceptable during a tennis match? The women's tour thinks so and is working on a plan to "drive excessive grunting" out of the sport. Scan the code for the story.

Jessica Zelinka of Ontario competes in the high jump during the heptathlon event in Calgary, Wednesday. SEAN KILPATRICK/THE CANADIAN PRESS

# Athletics. Zelinka weighs being in two Olympic events

Jessica Zelinka may be Canada's busiest track-and-field athlete in London.

The Canadian record-holder in the heptathlon has posted a couple of world-class times in the 100-metre hurdles this season as well, and her coach Les Gramantik says Zelinka hasn't ruled out racing in both events at the London Games.

The 30-year-old from London, Ont., sprinted to a speedy 12.76 seconds in the hurdles on Day 1 of the heptathlon at the Canadian Olympic track-and-field trials Wednesday in Calgary, matching the time she ran last month in winning the Harry Jerome Classic in Burnaby, B.C.

"Right now, honestly, it has to be a very interesting decision to do a hurdles race in London as well as heptathlon," Gramantik said. THE CANADIAN PRESS

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# MLB

## AMERICAN LEAGUE

**EAST DIVISION**

| | W | L | Pct | GB |
|---|---|---|---|---|
| New York | 46 | 28 | .622 | — |
| Baltimore | 41 | 33 | .554 | 5 |
| Boston | 40 | 35 | .533 | 6½ |
| Tampa Bay | 40 | 35 | .533 | 6½ |
| Toronto | 38 | 37 | .507 | 8½ |

**CENTRAL DIVISION**

| | W | L | Pct | GB |
|---|---|---|---|---|
| Chicago | 40 | 35 | .533 | — |
| Cleveland | 37 | 37 | .500 | 2½ |
| Detroit | 36 | 39 | .480 | 4 |
| Kansas City | 34 | 39 | .466 | 5 |
| Minnesota | 30 | 44 | .405 | 9½ |

**WEST DIVISION**

| | W | L | Pct | GB |
|---|---|---|---|---|
| Texas | 47 | 29 | .618 | — |
| Los Angeles | 42 | 33 | .560 | 4½ |
| Oakland | 37 | 39 | .487 | 10 |
| Seattle | 32 | 45 | .416 | 15½ |

**Wednesday's results**
Boston 10 Toronto 4
Chicago White Sox 12 Minnesota 5
Kansas City 5 Tampa Bay 4
L.A. Angels 13 Baltimore 1
N.Y. Yankees 5 Cleveland 4
Oakland 2 Seattle 1
Texas 13 Detroit 9
**Tuesday's results**
Boston 5 Toronto 1
Chicago White Sox 3 Minnesota 2
Kansas City 8 Tampa Bay 2
L.A. Angels 7 Baltimore 3
N.Y. Yankees 6 Cleveland 4
Seattle 3 Oakland 2
Texas 7 Detroit 5
**Thursday's games — All Times Eastern**
Chicago White Sox (Axelrod 0-1) at N.Y. Yankees (Nova 9-2), 7:05 p.m.
Cleveland (McAllister 1-1) at Baltimore (W.Chen 7-3), 7:05 p.m.
L.A. Angels (Haren 5-7) at Toronto (Cecil 1-0), 7:07 p.m.
Detroit (Scherzer 6-5) at Tampa Bay (Shields 7-4), 7:10 p.m.
Oakland (T.Ross 2-7) at Texas (Feldman 1-6), 8:05 p.m.
Boston (F.Morales 1-1) at Seattle (F.Hernandez 5-5), 10:10 p.m.

### RED SOX 10, BLUE JAYS 4

| Toronto | ab | r | h | bi | Boston | ab | r | h | bi |
|---|---|---|---|---|---|---|---|---|---|
| Lawrie 3b | 4 | 1 | 1 | 0 | Nava lf | 4 | 1 | 0 | 0 |
| Rasms cf | 4 | 0 | 1 | 1 | Pedroia 2b | 5 | 1 | 1 | 1 |
| Bautist rf | 4 | 2 | 2 | 1 | Ortiz dh | 2 | 4 | 1 | 1 |
| Encrnc 1b | 4 | 1 | 1 | 2 | C.Ross rf | 3 | 2 | 2 | 0 |
| BFrncs dh | 3 | 0 | 1 | 0 | Kalish cf | 1 | 0 | 0 | 0 |
| KJhnsn ph | 1 | 0 | 0 | 0 | AdGnzl 1b | 5 | 1 | 2 | 3 |
| YEscor ss | 4 | 0 | 0 | 0 | Mdlrks 3b | 4 | 0 | 0 | 1 |
| RDavis lf | 4 | 0 | 0 | 0 | Aviles ss | 4 | 1 | 2 | 2 |
| Arencii c | 3 | 0 | 0 | 0 | DMcDn cf-rf | 3 | 0 | 1 | 1 |
| Vizquel 2b | 3 | 0 | 1 | 0 | Shppch c | 3 | 0 | 1 | 0 |
| **Totals** | **34** | **4** | **7** | **4** | **Totals** | **34** | **10** | **10** | **9** |

**Toronto** 100 102 000 — 4
**Boston** 610 210 00x — 10

E—Encarnacion (2), D.McDonald (1). LOB—Toronto 3, Boston 7. 2B—Lawrie (14), Bautista (9), Pedroia (19), C.Ross (14), Aviles (19), Shoppach (9). HR—Bautista (25), Encarnacion (22), Ortiz (21). SB—Aviles (9).

| Toronto | IP | H | R | ER | BB | SO |
|---|---|---|---|---|---|---|
| R.Romero L,8-2 | 3 | 7 | 9 | 8 | 6 | 1 |
| J.Chavez | 3 | 3 | 1 | 1 | 1 | 5 |
| L.Perez | 2 | 0 | 0 | 0 | 0 | 3 |
| **Boston** | | | | | | |
| Lester W,5-5 | 7 | 7 | 4 | 4 | 0 | 4 |
| Melancon | 1 | 0 | 0 | 0 | 0 | 0 |
| Mortensen | 1 | 0 | 0 | 0 | 0 | 0 |

R.Romero pitched to two batters in the fourth.
Umpires—Home, Rob Drake; First, Joe West; Second, Sam Holbrook; Third, Mike Estabrook.
T—2:40. A—37,744 (37,495) at Boston.

## NATIONAL LEAGUE

**EAST DIVISION**

| | W | L | Pct | GB |
|---|---|---|---|---|
| Washington | 43 | 30 | .589 | — |
| Atlanta | 40 | 34 | .541 | 3½ |
| New York | 40 | 36 | .526 | 4½ |
| Philadelphia | 36 | 41 | .468 | 9 |
| Miami | 35 | 40 | .467 | 9 |

**CENTRAL DIVISION**

| | W | L | Pct | GB |
|---|---|---|---|---|
| Cincinnati | 41 | 33 | .554 | — |
| Pittsburgh | 39 | 35 | .527 | 2 |
| St. Louis | 40 | 36 | .526 | 2 |
| Milwaukee | 34 | 41 | .453 | 7½ |
| Houston | 32 | 43 | .427 | 9½ |
| Chicago | 26 | 49 | .347 | 15½ |

**WEST DIVISION**

| | W | L | Pct | GB |
|---|---|---|---|---|
| Los Angeles | 43 | 33 | .566 | — |
| San Francisco | 43 | 33 | .566 | — |
| Arizona | 37 | 37 | .500 | 5 |
| Colorado | 28 | 46 | .378 | 14 |
| San Diego | 27 | 49 | .355 | 16 |

**Wednesday's results**
Atlanta 6 Arizona 4
Houston 1 San Diego 0
Miami 5 St. Louis 3
Milwaukee 8 Cincinnati 4
N.Y. Mets 17 Chicago Cubs 1
Pittsburgh 11 Philadelphia 7
San Francisco 3 L.A. Dodgers 0
Washington 11 Colorado 5
**Tuesday's results**
Atlanta 8 Arizona 1
Chicago Cubs 5 N.Y. Mets 3
Cincinnati 4 Milwaukee 3
Houston 5 San Diego 3
Philadelphia 5 Pittsburgh 4
San Francisco 2 L.A. Dodgers 0
St. Louis 5 Miami 2
Washington 12 Colorado 5
**Thursday's games — All Times Eastern**
Pittsburgh (A.J.Burnett 8-2) at Philadelphia (K.Kendrick 2-7), 1:05 p.m.
Washington (E.Jackson 4-4) at Colorado (Outman 0-3), 3:10 p.m.
Arizona (Bauer 0-0) at Atlanta (Jurrjens 1-2), 7:10 p.m.
San Diego (Cashner 3-3) at Houston (Keuchel 1-0), 8:05 p.m.
N.Y. Mets (C.Young 1-1) at L.A. Dodgers (Capuano 9-2), 10:10 p.m.
Cincinnati (Cueto 9-3) at San Francisco (Bumgarner 9-4), 10:15 p.m.

# BASKETBALL

## WOMEN'S OLYMPIC QUALIFYING

**At Ankara, Turkey**

### PRELIMINARY ROUND

**Wednesday's results**
Croatia 83 South Korea 75
Japan 79 Puerto Rico 70
Czech Republic 68 Argentina 54
France 87 Mali 33
**End of Preliminary Round**
**Tuesday's results**
France 56 **Canada 47**
Argentina 54 New Zealand 51
South Korea 71 Mozambique 65
Turkey 65 Japan 49
**Friday's games**

### QUARTER-FINALS

**(winners clinch berth to London games; losers to weekend playoffs for final position)**
Croatia vs. **Canada**, 7:30 a.m.
Czech Republic vs. Japan, 9:45 a.m.
Argentina vs. Turkey, 12 noon
France vs. South Korea, 2:15 p.m.

# GOLF

## CN CANADIAN WOMEN'S TOUR NIAGARA FALLS OPEN

**At Niagara Falls, Ont.**
**Par 72**
**Final Round (a-denotes amateur)**
**(x-won three-hole playoff )**

| | |
|---|---|
| x-Candace Schepperle | 67-72—139 |
| Carmen Bandea | 71-68—139 |
| **a-Natalie Gleadall** | **74-66—140** |
| Hye-Min Kim | 73-68—141 |
| Kim Welch | 72-69—141 |
| Jody Fleming | 70-71—141 |
| **Danielle Mills** | **74-68—142** |
| **So Yeon Park** | **73-69—142** |
| **a-Jennifer Kirby** | **76-67—143** |
| Lauren Mielbrecht | 73-70—143 |
| Noriko Nakazaki | 74-70—144 |
| **a-Brogan McKinnon** | **74-70—144** |
| Julie Shutler | 69-75—144 |
| Hannah Jun | 74-71—145 |
| **a-Jennifer Ha** | **73-73—146** |
| Sydney Cox | 72-74—146 |
| Ginny Brown | 76-71—147 |
| **a-Nicole Zhang** | **76-71—147** |
| **a-Erica Rivard** | **77-70—147** |
| Renee Skidmore | 74-73—147 |
| **a-Samantha Spencer** | **74-73—147** |
| **Ashley Sholer** | **76-72—148** |
| **a-A Ram Choi** | **75-73—148** |
| **a-Josee Doyon** | **75-73—148** |
| Elise Swartout | 77-71—148 |
| **a-Anica Yoo** | **73-75—148** |
| Maria Laura Elvira | 72-76—148 |
| **a-Elizabeth Tong** | **72-76—148** |
| **Kirby Dreher** | **75-74—149** |
| Katie Detlefsen | 75-74—149 |
| Christy Yun | 76-73—149 |
| Chelsea Bach | 77-72—149 |
| **a-Julia Hodgson** | **75-74—149** |
| **Angela Drane** | **75-75—150** |
| **Sylvie Schetagne** | **75-75—150** |
| **Jennifer Jaszek** | **73-77—150** |
| **Nicole Vandermade** | **73-77—150** |
| **Stacey Bieber** | **76-75—151** |
| **Also** | |
| **a-Delaney Howson** | **74-79—153** |
| **Maggie Steciuk** | **75-79—154** |
| **a-Brittany Henderson** | **80-74—154** |
| **Nicole Forshner** | **76-79—155** |
| **a-Sabrina Sapone** | **77-78—155** |
| **a-Jacqueline Yanch** | **80-75—155** |
| **Jennifer Greggain** | **80-75—155** |
| **a-Anna Kim** | **79-77—156** |
| **a-Brianna Cooper** | **77-81—158** |
| **a-Taylor Schmidt** | **79-79—158** |
| **Jacklynn Miller** | **76-85—161** |
| **a-Alison Timlin** | **81-81—162** |
| **a-Kaitlin Troop** | **83-80—163** |
| **a-Kendra Bishop** | **85-78—163** |
| **a-Sarah Dunning** | **80-86—166** |
| **a-Meghan McDougall** | **86-80—166** |
| **Victoria Thompson** | **88-78—166** |
| **a-Alexandra Pelletier** | **85-82—167** |
| **Ellen O'Brien** | **87-80—167** |
| **Melissa Mabanta** | **82-86—168** |
| **a-Marlies Klekner-Alt** | **85-85—170** |
| **a-Kiersten Klekner-Alt** | **88-82—170** |
| **a-Marion Reid** | **83-88—171** |

# TRANSACTIONS

## NHL

**CALGARY FLAMES** — Traded D Jordan Henry and a 2013 fifth-round draft pick to Washington for D Dennis Wideman and signed him to a five-year contract. Re-signed F Blake Comeau to a one-year contract.
**EDMONTON OILERS** — Named Ralph Krueger coach.
**N.Y. ISLANDERS** — Named Brent Thompson assistant coach.
**ST. LOUIS BLUES** — Agreed to terms with coach Ken Hitchcock on a one-year contract extension through the 2013-14 season.
**TAMPA BAY LIGHTNING** — Re-signed D Brendan Mikkelson to a one-year, one-way contract.

# CFL

## 2011 FINAL STANDINGS

**EAST DIVISION**

| | GP | W | L | T | PF | PA | Pt |
|---|---|---|---|---|---|---|---|
| y-Winnipeg | 18 | 10 | 8 | 0 | 432 | 432 | 20 |
| x-Montreal | 18 | 10 | 8 | 0 | 515 | 468 | 20 |
| x-Hamilton | 18 | 8 | 10 | 0 | 481 | 478 | 16 |
| Toronto | 18 | 6 | 12 | 0 | 397 | 498 | 12 |

**WEST DIVISION**

| | GP | W | L | T | PF | PA | Pt |
|---|---|---|---|---|---|---|---|
| y-B.C. | 18 | 11 | 7 | 0 | 511 | 385 | 22 |
| x-Edmonton | 18 | 11 | 7 | 0 | 427 | 401 | 22 |
| x-Calgary | 18 | 11 | 7 | 0 | 511 | 476 | 22 |
| Saskatchewan | 18 | 5 | 13 | 0 | 346 | 482 | 10 |

**x** — clinched playoff berth.
**y** — clinched division title.

### PLAYOFFS

**DIVISION SEMIFINALS**
**East (bye: Winnipeg)**
Hamilton 52 Montreal 44 (OT)
**West (bye: B.C.)**
Edmonton 33 Calgary 19
**DIVISION FINALS**
**East —** Winnipeg 19 Hamilton 3
**West —** B.C. 40 Edmonton 23
**99TH GREY CUP**
**At Vancouver**
B.C. 34 Winnipeg 23

## 2012 REGULAR SEASON

### WEEK ONE

**All Times Eastern**
**Friday's games**
Saskatchewan at Hamilton, 7 p.m.
Winnipeg at B.C., 10 p.m.
**Saturday's game**
Toronto at Edmonton, 7 p.m.
**Sunday's game**
Montreal at Calgary, 7 p.m.

# NBA

## 2012 DRAFT

**At New York**
Order of selection for Thursday night's 2012 National Basketball Association draft:
**FIRST ROUND**
1. New Orleans Hornets; 2. Charlotte Bobcats; 3. Washington Wizards; 4. Cleveland Cavaliers; 5. Sacramento Kings; 6. Portland Trail Blazers (from Brooklyn); 7. Golden State Warriors; **8. Toronto Raptors**; 9. Detroit Pistons; 10. New Orleans (from Minnesota via L.A. Clippers).
11. Portland; 12. Milwaukee Bucks; 13. Phoenix Suns; 14. Houston Rockets; 15. Philadelphia 76ers; 16. Houston (from New York); 17. Dallas Mavericks; 18. Houston (from Minnesota via Utah); 19. Orlando Magic; 20. Denver Nuggets.
21. Boston Celtics; 22. Boston (from L.A. Clippers via Oklahoma City); 23. Atlanta Hawks; 24. Cleveland (from L.A. Lakers); 25. Memphis Grizzlies; 26. Indiana Pacers; 27. Miami Heat; 28. Oklahoma City Thunder; 29. Chicago Bulls; 30. Golden State (from San Antonio).
**SECOND ROUND**
31. Charlotte; 32. Washington; 33. Cleveland; 34. Cleveland (from New Orleans via Miami); 35. Golden State (from Brooklyn); 36. Sacramento; **37. Toronto**; 38. Denver (from Golden State via New York); 39. Detroit; 40. Portland.
41. Portland (from Minnesota via Houston); 42. Milwaukee; 43. Atlanta (from Phoenix); 44. Detroit (from Houston); 45. Philadelphia; 46. New Orleans (from Washington via Dallas); 47. Utah; 48. New York; 49. Orlando; 50. Denver.
51. Boston; 52. Golden State (from Atlanta); 53. L.A. Clippers; 54. Philadelphia (from Memphis); 55. Dallas (from L.A. Lakers); **56. Toronto** (from Indiana); 57. Brooklyn (from Miami); 58. Minnesota (from Oklahoma City); 59. San Antonio; 60. L.A. Lakers (from Chicago via Milwaukee and Brooklyn).

# SOCCER

## EURO 2012

### SEMIFINALS

**Wednesday's result**
**At Donetsk, Ukraine**
Portugal 0 Spain 0
(Spain advances 4-2 on penalty kicks)
**Thursday's game — All Times Eastern**
**At Warsaw, Poland**
Germany vs. Italy, 2:45 p.m.

### CHAMPIONSHIP

**Sunday's game**
**At Kiev, Ukraine**
Spain vs. Germany/Italy winner, 2:45 p.m.

### SCORING LEADERS

**Three Goals**
Alan Dzagoev, Russia; Mario Gomez, Germany; Mario Mandzukic, Croatia; Cristiano Ronaldo, Portugal.
**Two Goals**
Xabi Alonso, Spain; Nicklas Bendtner, Denmark; Cesc Fabregas, Spain; Zlatan Ibrahimovic, Sweden; Petr Jiracek, Czech Republic; Michael Krohn-Dehli, Denmark; Vaclav Pilar, Czech Republic; Dimitrios Salpingidis, Greece; Andriy Shevchenko, Ukraine; Fernando Torres, Spain.

## MLS

### EASTERN CONFERENCE

| | GP | W | L | T | GF | GA | Pt |
|---|---|---|---|---|---|---|---|
| New York | 16 | 9 | 4 | 3 | 31 | 24 | 30 |
| D.C. | 17 | 9 | 5 | 3 | 31 | 22 | 30 |
| Kansas City | 15 | 9 | 4 | 2 | 20 | 15 | 29 |
| Chicago | 15 | 7 | 5 | 3 | 20 | 19 | 24 |
| Houston | 15 | 5 | 5 | 5 | 20 | 23 | 20 |
| Columbus | 14 | 5 | 5 | 4 | 14 | 15 | 19 |
| New England | 15 | 5 | 7 | 3 | 20 | 20 | 18 |
| Montreal | 17 | 5 | 9 | 3 | 24 | 29 | 18 |
| Philadelphia | 13 | 3 | 8 | 2 | 12 | 15 | 11 |
| Toronto | 14 | 2 | 10 | 2 | 16 | 28 | 8 |

### WESTERN CONFERENCE

| | GP | W | L | T | GF | GA | Pt |
|---|---|---|---|---|---|---|---|
| San Jose | 16 | 10 | 3 | 3 | 31 | 19 | 33 |
| Real Salt Lake | 17 | 10 | 5 | 2 | 28 | 19 | 32 |
| Vancouver | 16 | 7 | 4 | 5 | 18 | 19 | 26 |
| Seattle | 16 | 7 | 5 | 4 | 19 | 16 | 25 |
| Los Angeles | 16 | 6 | 8 | 2 | 22 | 23 | 20 |
| Colorado | 15 | 6 | 8 | 1 | 21 | 21 | 19 |
| Chivas USA | 16 | 5 | 7 | 4 | 11 | 18 | 19 |
| Portland | 15 | 4 | 6 | 5 | 14 | 17 | 16 |
| Dallas | 17 | 3 | 9 | 5 | 16 | 26 | 14 |

**Wednesday's result**
Toronto 3 Montreal 0
**Friday's game — All Times Eastern**
Chicago at Kansas City, 8 p.m.
**Saturday's games**
New York at Toronto, 7 p.m.
Montreal at D.C. United, 7:30 p.m.
Seattle at New England, 7:30 p.m.
Real Salt Lake at Columbus, 8 p.m.
Philadelphia at Houston, 8:30 p.m.
Portland at Colorado, 9 p.m.
Los Angeles at San Jose, 10 p.m.

## NASL

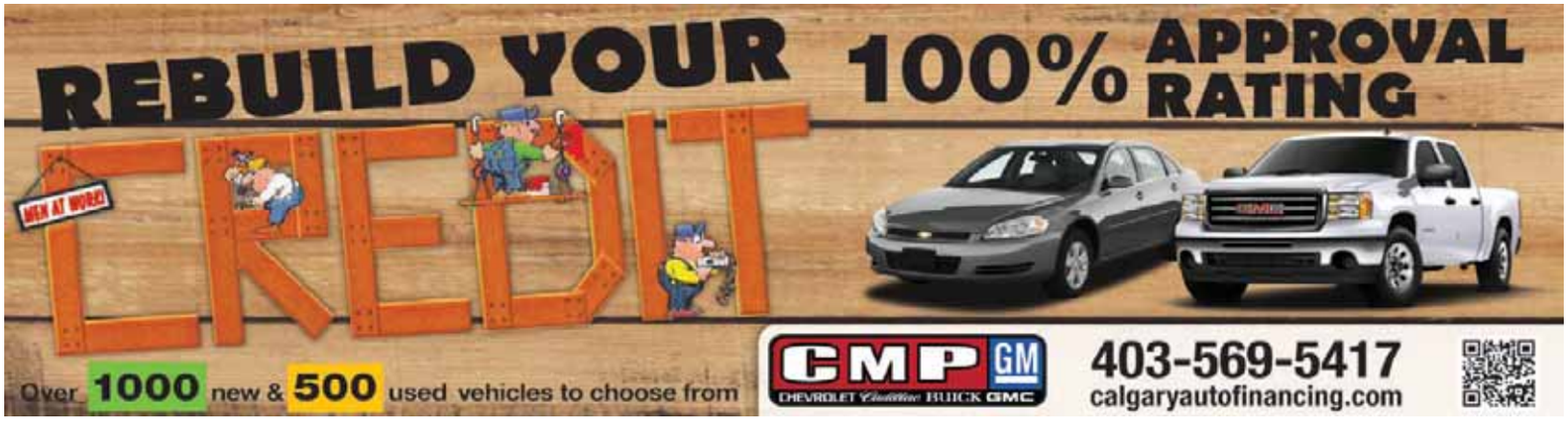
| | GP | W | L | T | GF | GA | Pt |
|---|---|---|---|---|---|---|---|
| Puerto Rico | 12 | 7 | 3 | 2 | 21 | 10 | 23 |
| San Antonio | 12 | 6 | 2 | 4 | 18 | 12 | 22 |
| Minnesota | 12 | 5 | 2 | 5 | 18 | 16 | 20 |
| Tampa Bay | 13 | 5 | 5 | 3 | 16 | 18 | 18 |
| Carolina | 13 | 4 | 4 | 5 | 22 | 20 | 17 |
| Fort Lauderdale | 13 | 4 | 5 | 4 | 17 | 20 | 16 |
| Edmonton | 12 | 3 | 7 | 2 | 12 | 15 | 11 |
| Atlanta | 13 | 1 | 7 | 5 | 14 | 27 | 8 |

**Saturday's games — All Times Eastern**
Carolina at Fort Lauderdale, 7:30 p.m.
Minnesota at Tampa Bay, 7:30 p.m.
Atlanta at San Antonio, 8:45 p.m.
**Sunday's game**
Puerto Rico at Edmonton, 4 p.m.

# TENNIS

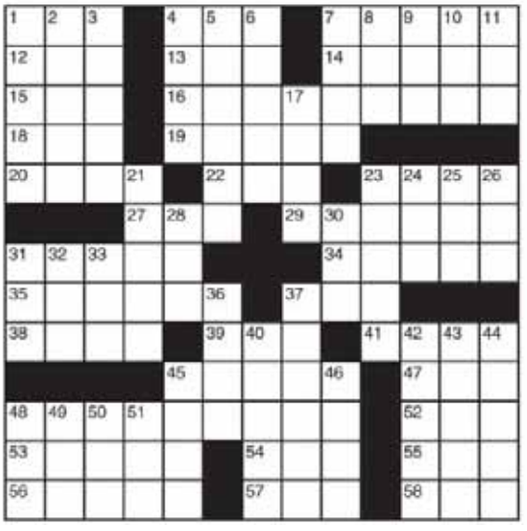
## WIMBLEDON

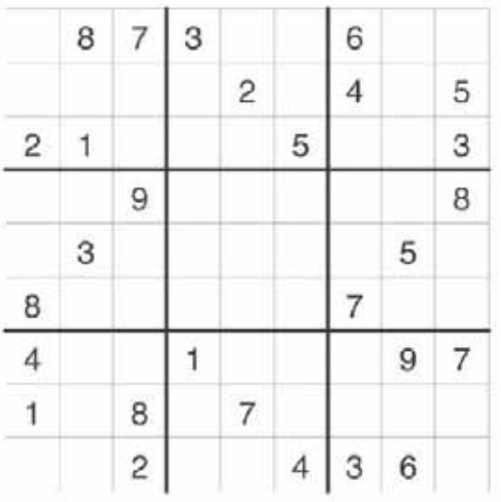
**At London**
**Yesterday's results**
**MEN**
**Singles — First Round**
David Ferrer (7), Spain, def. Dustin Brown, Germany, 7-6 (5), 6-4, 6-4.
**Milos Raonic (21), Thornhill, Ont.**, def. Santiag Giraldo, Colombia, 6-4, 6-4, 6-4.
Jurgen Melzer, Austria, def. Stanislas Wawrink (25), Switzerland, 3-6, 7-6 (2), 2-6, 6-4, 8-6.
Andy Roddick (30), U.S., def. Jamie Baker, Britain, 7-6 (1), 6-4, 7-5.
Bjorn Phau, Germany, def. Wayne Odesnik, U.S 6-3, 3-6, 6-7 (3), 6-3, 6-4.
**Second Round**
Novak Djokovic (1), Serbia, def. Ryan Harrison U.S., 6-4, 6-4, 6-4.
Roger Federer (3), Switzerland, def. Fabio Fognini, Italy, 6-1, 6-3, 6-2.
Janko Tipsarevic (8), Serbia, def. Ryan Sweeting U.S., 5-7, 7-5, 6-4, 6-2.
Nicolas Almagro (12), Spain, def. Guillaume Rufin, France, 6-2, 5-7, 6-2, 6-4.
Juan Monaco (15), Argentina, def. Jeremy Chardy, France, 6-2, 3-6, 6-3, 7-6 (3).
Richard Gasquet (18), France, def. Ruben Bemelmans, Belgium, 6-3, 6-4, 6-4.
Mikhail Youzhny (26), Russia, def. Inigo Cervantes, Spain, 6-1, 6-3, 6-4.
Radek Stepanek (28), Czech Republic, leads Benjamin Becker, Germany, 6-2, 5-6 (susp., darkness).
Julien Benneteau (29), France, def. Michael Russell, U.S., 7-6 (4), 2-6, 6-4, 7-5.
Florian Mayer (31), Germany, def. Philipp Petzschner, Germany, 3-6, 3-6, 6-4, 6-2, 6-4.
**WOMEN**
**Singles — First Round**
Tamira Paszek, Austria, def. Caroline Wozniac (7), Denmark, 5-7, 7-6 (4), 6-4.
Sara Errani (10), Italy, def. CoCo Vandeweghe U.S., 6-1, 6-3.
Klara Zakopalova, Czech Republic, def. Domini Cibulkova (13), Slovakia, 6-4, 6-1.
Ana Ivanovic (14), Serbia, def. Maria Jose Martinez Sanchez, Spain, 6-3, 3-6, 6-3.
Julia Goerges (22), Germany, def. Shahar Pee Israel, 6-2, 6-2.
**Second Round**
Maria Sharapova (1), Russia, leads Tsvetana Pironkova, Bulgaria, 7-6 (3), 3-1 (susp., darkness)
Agnieszka Radwanska (3), Poland, def. Elen Vesnina, Russia, 6-2, 6-1.
Arantxa Rus, Netherlands, def. Sam Stosur (5 Australia, 6-2, 0-6, 6-4.
Sorana Cirstea, Romania, def. Li Na (11), Chin 6-3, 6-4.
Vera Zvonareva (12), Russia, def. Silvia Sole Espinosa, Spain, 6-1, 3-6, 6-1.
Sabine Lisicki (15), Germany, def. Bojana Jovanovski, Serbia, 3-6, 6-2, 8-6.
Maria Kirilenko (17), Russia, def. Lourdes Dominguez Lino, Spain, 6-1, 6-2.
Nadia Petrova (20), Russia, leads Timea Babo Hungary, 6-4, 5-5 (susp., darkness).
Sloane Stephens, U.S., def. Petra Cetkovska (23 Czech Republic, 7-6 (6), 4-6, 6-3.
Peng Shuai (30), China, def. Ayumi Morita Japan, 7-6 (4), 6-3.
**Doubles — First Round**
Yaroslava Shvedova and Galina Voskoboeva (7), Kazakhstan, def. Simona Halep, Romania and **Aleksandra Wozniak, Blainville, Que.**, 6-7 6-0.



**Across**
1 Sphere
4 Monokini's lack
7 Pair
12 Chum
13 Rowing need
14 Comic actor Atkinson
15 Big bother
16 Pennants
18 "Flying Down to —"
19 Push
20 Grant's place
22 Ram's ma'am
23 Remark re Yorick
27 Corn spike
29 Governor
31 Tease goodnaturedly
34 Substantial
35 Taxpayers' fears
37 Baltimore newspaper
38 TV's Batman
39 Prune
41 Story
45 Leg bone
47 Crib
48 Startling headlines
52 Conclusion
53 Pile up
54 "Of course"
55 Past
56 Lips
57 Former flier
58 Do some landscaping

**Down**
1 Dizzying designs
2 Sirius medium
3 Flourish
4 Employer
5 Newsman Dan
6 Quiver occupant
7 Scottish slope
8 CD- —
9 Shock partner
10 Jam ingredient?
11 Navy rank (Abbr.)
17 24/7
21 Suit
23 Rep
24 Meadow
25 Pismire
26 Pigs' digs
28 Sternward
30 Aussie coat of arms beast
31 Cornfield noise
32 Shade
33 Billboards
36 Svelte
37 Steeples
40 Follows orders
42 Perpendicular, at sea
43 Chuck Woolery's GSN show
44 Be philanthropic
45 Little bits
46 Helper (Abbr.)
48 Yon maiden
49 Massachusetts cape
50 Tatter
51 Before





**How to play**
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

**Yesterday's Sudoku**

**Yesterday's Crossword**

**Cryptoquip**

**How to play**
This is a substitution cipher where one letter stands for another. Eg: If X equals O, it will equal O throughout the puzzle.

SBG XCQIGMSGQ AOAM'S IHS GMJHDB YSCWIY JM SBG ICXRCDG, YJ OS DJS WCQRGA "QGSHQM SJ YCMAGQ."

**Yesterday's Cryptoquip:** IF A GUY STUBBORNLY REFUSED TO LET GO OF HIS METAL SODA CAN, MIGHT YOU CALL HIM TIN-ACIOUS?
Today's Cryptoquip Clue: A equals D

For today's crossword answers and for expanded horoscopes, go to metronews.ca

**Weather**

| TODAY | FRIDAY | SATURDAY |
|---|---|---|
| MAX: 23° MIN: 9° | MAX: 22° MIN: 13° | MAX: 22° MIN: 11° |

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**WEEKDAYS 5:30 AM**

**Horoscope**

**Aries | March 21 - April 20.** Your confidence may be high today but you would be wise not to let your enthusiasm get the better of you. It may turn people against you.

**Taurus | April 21 - May 21.** What changes can you introduce to make your life more exciting? Give it some thought and when you come to the conclusion, draw up a plan.

**Gemini | May 22 - June 20.** The only danger now is that you will focus on one aim to the exclusion of everything else and miss out on other possibilities. Don't switch off the world around you.

**Cancer | June 21 - July 22.** Partners and colleagues are in a talkative mood and some of the things they have to say will not only be interesting but could even help your career.

**Leo | July 23 - Aug. 22.** You have a lot on your plate at the moment but the lion's share of your work is for the benefit of other people. That needs to change.

**Virgo | Aug. 23 - Sept. 22.** Planets are tempting you to make big claims for yourself, which could lead to problems when others discover you lack relevant experience.

**Libra | Sept. 23 - Oct. 22.** What happens today may seem chaotic but if you stand back and take a broader perspective of the situation you will see there is a pattern to events. Rise above petty issues.

**Scorpio | Oct. 23 - Nov. 21.** A change of scene will do you a world of good. The more you are on the move, the more likely it is you will discover something, or someone, that makes life worth living again.

**Sagittarius | Nov. 22 - Dec. 21.** You may have to use a bit of muscle to get what you need today but watch out you don't annoy someone whose assistance you will need in the very near future.

**Capricorn | Dec. 22 - Jan 20.** Make big plans for the next few days — the bigger the better. What happens next week will help you turn your plans into reality.

**Aquarius | Jan. 21 - Feb 18.** You may be held back by circumstances beyond your control but don't fight it — go with the flow.

**Pisces | Feb. 19 - March 20.** The Sun in Cancer boosts your confidence but there is a danger today that you could get carried away and say or do something that upsets an authority figure you need to get along with. **SALLY BROMPTON**

## Caption Contest

"I taught Gene Simmons this."
Matthew

THE AMARILLO GLOBE NEWS, MICHAEL SCHUMACHER/THE ASSOCIATED PRESS

**Win!**

**You write it!**

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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